NUTRITIONAL FACTS

THE KANSAS CITY STEAK COMPANY

4 (6oz) Filet Mignon

Nutrition Facts

Serving Size 1 STEAK (1.5lbs)
Servings Per Container 4

Amount Per Serving

Calories 480 Calories From Fat 350

		% Daily Value*
Total Fat	39g	60%
Saturated Fat	17g	83%
Trans Fat	0g	
Cholesterol	120mg	40%
Sodium	85mg	4%
Total Carb	0g	0%
Dietary Fiber	0g	0%
Sugars	0g	
Protein	30g	

Vitamin A 0% * Vitamin C 0%

Calcium 0% * Iron 20%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat.Fat	Less than	20g	25g
Cholest	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

KEEP FROZEN

4(6oz) BEEF FILET WITHOUT BACON

NET WEIGHT 24 OZ (1.50 lbs.)

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Original Steak Seasoning Packet