

NUTRITIONAL FACTS

DOLCE AMORE

1-lb bags of Savory Stuffed Ravioli

Wild Mushroom

Nutrition Facts	
Serving Size 4 raviolis (118 g/4.2 oz)	
Servings Per Container about 19	
Amount Per Serving	
Calories 190	Calories from Fat 10
% Daily Value*	
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 25mg	9%
Sodium 460mg	19%
Total Carbohydrate 34g	11%
Dietary Fiber 2g	9%
Sugars 0g	
Protein 11g	
Vitamin A 4%	• Vitamin C 15%
Calcium 4%	• Iron 8%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories 2,000 2,500
Total Fat	Less than 65 g 80 g
Sat Fat	Less than 20 g 25 g
Cholesterol	Less than 300 mg 300 mg
Sodium	Less than 2,400 mg 2,400 mg
Total Carbohydrate	300 g 375 g
Dietary Fiber	25 g 30 g
Calories per gram:	
Fat 9	• Carbohydrate 4 • Protein 4

Ingredients: Enriched Semolina, (Milled Wheat, Niacin, Iron, Thiamine, Mononitrate, Riboflavin, Folic Acid) Mushroom (Portabella, Crimini, Shiitake, Porcini), Water, Onion, Ricotta (Pasteurized Whole Milk, Starter, Salt), Parmesan (Part-Skim Milk, Cheese Cultures, Rennet, Salt), Mozzarella (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Powdered Cellulose, and Dextrose), Bread Crumbs (Bleached Wheat Flour, Yeast, Sugar, Salt), Eggs, Modified Food Starch, Truffle Oil, Salt, Annatto (Annatto Extract, Water, Potassium Hydroxide), Spices

Contains Wheat, Milk and Egg ingredients.

Processed in a facility that also processes Soy, Fish and Shellfish.

Cooking Directions:

Bring 3-4 quarts of water to a boil and add 1 tbs of salt. Place frozen ravioli into boiling water, reduce heat to simmer and stir gently. Allow to cook for 3-5 minutes or to desired tenderness. Drain ravioli carefully and serve with sauce

NUTRITIONAL FACTS

DOLCE AMORE

Four Cheese

Nutrition Facts	
Serving Size 5 Ravioli (148g)	
Servings Per Container about 15	
Amount Per Serving	
Calories 300 Calories from Fat 140	
% Daily Value*	
Total Fat 16g	24%
Saturated Fat 8g	38%
Trans Fat 0g	
Cholesterol 55mg	18%
Sodium 340mg	14%
Total Carbohydrate 44g	15%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 19g	
Vitamin A 4%	Vitamin C 0%
Calcium 15%	Iron 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

Ingredients: Enriched Semolina (Durum Wheat Flour, Niacin, iron, Thiamine HCL, Riboflavin, Folic Acid), Ricotta (milk, bacterial cultures, salt, enzyme), Water, Cheeses [Asiago, Parmigiano] (Milk, bacterial cultures, salt, enzyme), Pecorino Cheese (Sheep's Milk, bacterial cultures, salt) liquid Whole Eggs, Panko Bread Crumbs (Flour, Yeast, Sugar, Salt), Corn starch (modified), Annatto (Annatto Extract, Water, Potassium Hydroxide), Salt, Black Pepper and Parsley
Contains Wheat, Eggs and Milk. Processed in a facility that also processes Soy, Fish and Shellfish.

Cooking Directions:

Bring 3-4 quarts of water to a boil and add 1 tbsp of salt. Place frozen ravioli into boiling water, reduce heat to simmer and stir gently. Allow to cook for 3-5 minutes or to desired tenderness. Drain ravioli carefully and serve with sauce

NUTRITIONAL FACTS

DOLCE AMORE

Smoke Mozzarella & Asparagus

Nutrition Facts	
Serving Size 4 raviolis (118 g/4.2 oz)	
Servings Per Container about 19	
Amount Per Serving	
Calories 240	Calories from Fat 60
% Daily Value*	
Total Fat 7g	11%
Saturated Fat 4.5g	21%
Trans Fat 0g	
Cholesterol 30mg	11%
Sodium 220mg	9%
Total Carbohydrate 32g	11%
Dietary Fiber 2g	7%
Sugars 0g	
Protein 12g	
Vitamin A 6%	• Vitamin C 4%
Calcium 15%	• Iron 4%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories 2,000 2,500
Total Fat	Less than 65 g 80 g
Sat Fat	Less than 20 g 25 g
Cholesterol	Less than 300 mg 300 mg
Sodium	Less than 2,400 mg 2,400 mg
Total Carbohydrate	300 g 375 g
Dietary Fiber	25 g 30 g
Calories per gram:	
Fat 9	• Carbohydrate 4 • Protein 4

Ingredients: Enriched Semolina (Milled Wheat, Niacin, Iron, Thiamine, Mononitrate, Riboflavin, Folic Acid), Ricotta (Pasteurized Whole Milk, Starter, Salt), Water, Smoked Mozzarella (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Powdered Cellulose and Dextrose), Asparagus, Eggs (Whole Eggs, Citric Acid) Bread Crumbs (Bleached Wheat Flour, Yeast, Sugar, Salt), Modified Food Starch, Salt, Annatto (Annatto Extract, Water, Potassium Hydroxide), Spices
Contains Wheat, Milk, and Egg ingredients.
Processed in a facility that also processes Soy and Fish.

Cooking Directions:

Bring 3-4 quarts of water to a boil and add 1 tbsp of salt. Place frozen ravioli into boiling water, reduce heat to simmer and stir gently. Allow to cook for 3-5 minutes or to desired tenderness. Drain ravioli carefully and serve with sauce.