

NUTRITIONAL FACTS

Mac & Cheese

Nutrition Facts

Serving Size 6 oz (170 g/6 oz)

Servings Per Container 1

Amount Per Serving

Calories 310 **Calories from Fat** 20

% Daily Value*

Total Fat 2.5g **4%**

Saturated Fat 0.5g **3%**

Trans Fat 0g

Cholesterol 5mg **1%**

Sodium 440mg **18%**

Potassium 100mg **3%**

Total Carbohydrate 56g **19%**

Dietary Fiber 5g **20%**

Sugars 1g

Protein 10g

Vitamin A 0% • Vitamin C 0%

Calcium 6% • Iron 15%

Vitamin D 0%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

		Calories	2,000	2,500
Total Fat	Less than		65 g	80 g
Sat Fat	Less than		20 g	25 g
Cholesterol	Less than		300 mg	300 mg
Sodium	Less than		2,400 mg	2,400 mg
Potassium	Less than		3,500 mg	3,500 mg
Total Carbohydrate			300 g	375 g
Dietary Fiber			25 g	30 g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

FILLING: Cheese Sauce (Whey, Maltodextrin, Dehydrated Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes), Modified Corn Starch, Salt, Dry Whole Milk, Buttermilk Powder, Sodium Phosphate, Lactic Acid, Natural Flavors, Dehydrated Butter, Extractives of Annatto (color), and Turmeric (color)), Shell Pasta (Durum Semolina, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Corn Starch.

BREAD POCKET: Whole Wheat Flour, Water, Unbleached Wheat Flour(Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic acid, Enzyme, malted barley flour), Yeast, Microwave Agent (Enriched Wheat flour (wheat flour, corn syrup solids, monoglycerides, oat fiber, guar gum, sodium alginate, Contains 2% or less: Yeast Xanthan Gum, Enzymes, Sulphite)), Salt, Dough Conditioner (ascorbic acid, enzymes)

Allergens: Milk, Wheat, Soy

NUTRITIONAL FACTS

Sloppy Joe

Nutrition Facts	
Serving Size 6 oz (170 g/6 oz)	
Servings Per Container 1	
Amount Per Serving	
Calories 310	Calories from Fat 20
% Daily Value*	
Total Fat 2.5g	4%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 5mg	1%
Sodium 440mg	18%
Potassium 100mg	3%
Total Carbohydrate 56g	19%
Dietary Fiber 5g	20%
Sugars 1g	
Protein 10g	
Vitamin A 0%	• Vitamin C 0%
Calcium 6%	• Iron 15%
Vitamin D 0%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories 2,000 2,500
Total Fat	Less than 65 g 80 g
Sat Fat	Less than 20 g 25 g
Cholesterol	Less than 300 mg 300 mg
Sodium	Less than 2,400 mg 2,400 mg
Potassium	Less than 3,500 mg 3,500 mg
Total Carbohydrate	300 g 375 g
Dietary Fiber	25 g 30 g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

FILLING: Beef, Soy Flour, Red Pepper, Water, Onion, Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto Powder), Tomato Paste (Vine Ripened Tomatoes), Wheat Bread (Whole Wheat Flour, Water, Unbleached Wheat Flour(Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic acid, Enzyme, malted barley flour), Yeast, Microwave Agent (Enriched Wheat flour (wheat flour, corn syrup solids, monoglycerides, oat fiber, guar gum, sodium alginate, Contains 2% or less: Yeast Xanthan Gum, Enzymes, Sulphite)), Salt, Dough Conditioner (ascorbic acid, enzymes)), Cider Vinegar (Apple Cider Vinegar Diluted to 5% Acidity), Brown Sugar, Spices.

BREAD POCKET: Whole Wheat Flour, Water, Unbleached Wheat Flour(Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic acid, Enzyme, malted barley flour), Yeast, Microwave Agent (Enriched Wheat flour (wheat flour, corn syrup solids, monoglycerides, oat fiber, guar gum, sodium alginate, Contains 2% or less: Yeast Xanthan Gum, Enzymes, Sulphite)), Salt, Dough Conditioner (ascorbic acid, enzymes).

Allergens: Milk, Wheat, Soy