

NUTRITIONAL FACTS

88 ACRES

1.6-oz Craft Seed Snack Bars

Dark Chocolate Sea Salt

Nutrition Facts

Serv. Size: 1 Bar (45g)

Servings: 1

Calories 200

Fat cal 90

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 11g	17%	Total Carb. 22g	7%
Sat. Fat 2.5g	13%	Fiber 3g	12%
<i>Trans Fat</i> 0g		Sugars 10g	
Cholest. 0mg	0%	Protein 6g	
Sodium 115mg	5%		
Vitamin A 0% • Vitamin C 0% • Calcium 2% • Iron 10%			

Ingredients: 88 Acres Seed Blend (Organic Pumpkin Seeds, Organic Sunflower Seeds, Ground Flax Seeds), Gluten Free Certified Oats , Brown Rice Syrup, Maple Syrup, Organic Dark Chocolate (Organic Cane Sugar, Organic Chocolate Liquor, Organic Cocoa Butter, Organic Vanilla Extract), Sea Salt

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88 ACRES

Triple Berry Blend

Nutrition Facts

Serv. Size: 1 Bar (45g)

Servings: 1

Calories 180

Fat cal 80

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 9g	14%	Total Carb. 23g	8%
Sat. Fat 1g	5%	Fiber 3g	12%
<i>Trans</i> Fat 0g		Sugars 10g	
Cholest. 0mg	0%	Protein 5g	
Sodium 105mg	4%		
Vitamin A 0% • Vitamin C 2% • Calcium 2% • Iron 8% Vitamin E 15% • Phosphorus 20% • Magnesium 25% Zinc 10% • Selenium 10% • Copper 15%			

Ingredients: 88 Acres Seed Blend (Organic Pumpkin Seeds, Organic Sunflower Seeds, Ground Flax Seed), Gluten Free Certified Oats, Brown Rice Syrup, Maple Syrup, Cranberries (Cranberries, Apple Juice Concentrate, Sunflower Oil), Zante Currants (Zante Currants, Sunflower Oil), Blueberries (Blueberries, Apple Juice Concentrate, Sunflower Oil), Sea Salt, Organic Cinnamon

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Cinnamon and Oats

Nutrition Facts

Serv. Size: 1 Bar (45g)

Servings: 1

Calories 190

Fat cal 90

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 10g	15%	Total Carb. 21g	7%
Sat. Fat 1.5g	8%	Fiber 3g	12%
<i>Trans</i> Fat 0g		Sugars 8g	
Cholest. 0mg	0%	Protein 6g	
Sodium 110mg	5%		
Vitamin A 0% • Vitamin C 0% • Calcium 4% • Iron 10% Vitamin E 15% • Phosphorus 15% • Magnesium 20% Zinc 8% • Selenium 8% • Copper 15%			

Ingredients: 88 Acres Seed Blend (Organic Pumpkin Seeds, Organic Sunflower Seeds, Ground Flax Seed), Gluten Free Certified Oats, Brown Rice Syrup, Maple Syrup, Organic Cinnamon, Sea Salt