

NUTRITIONAL FACTS

HANDFULLS FUSIONS

3.25-oz Nut Mixes

Hill Country BBQ

ingredients: BBQ crrrunchbites™ almonds [almonds, potato starch, rice flour, high oleic sunflower oil, seasoning (sugar, sea salt, tomato powder, vinegar powder [maltodextrin, organic white distilled vinegar], molasses powder [molasses, maltodextrin], garlic powder, onion powder, natural extrativates of paprika, natural smoke flavor, spices, citric acid, yeast extract), sea salt, rosemary extract], maple bacon-flavored glazed pecans [pecans, cane sugar, seasoning (sugar, sea salt, garlic powder, onion powder, maple sugar, paprika natural flavor, natural smoke flavor, yeast extract, spices), maple syrup, salted butter (pasteurized cream [milk], salt), sea salt].

contains: tree nuts (pecans), milk.
produced in a facility that also handles peanuts, tree nuts, and soy.

Nutrition Facts

Serving Size: 1 oz (28g / 1/4 cup)

Servings Per Container: about 3.5

Amount per serving

Calories 160

Calories from Fat 110

% Daily Value*

Total Fat 12g **18%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 170mg **7%**

Total Carbohydrate 12g **4%**

Dietary Fiber 2g **8%**

Sugars 4g

Protein 3g

Vitamin A 0% • Vitamin C 2%

Calcium 4% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

NUTRITIONAL FACTS

HANDFULLS FUSIONS

Lakeshore Trail Mix

ingredients: cheddar crrunchbites™ almonds [almonds, potato starch, rice flour, high oleic sunflower oil, cheddar seasoning (organic cheddar cheese [organic milk, cultures, salt, enzymes, disodium phosphate], maltodextrin, sea salt, organic buttermilk, organic whey, natural flavor, butter powder [butter, salt], lactic acid, organic skim milk, natural extratives of paprika, tapioca flour, sea salt, rosemary extract)], salted caramel glazed cashews [cashews, brown sugar (sugar, molasses), caramel seasoning (sugar, brown sugar, natural flavor, sweet cream solids, butter powder [sweet cream, salt, nonfat milk solids]), cane sugar, salted butter (pasteurized cream [milk], salt), tapioca syrup].

contains: tree nuts (pecans), milk.
produced in a facility that also handles peanuts, tree nuts, and soy.

Nutrition Facts

Serving Size: 1 oz (28g / 1/4 cup)

Servings Per Container: about 3.5

Amount per serving

Calories 140

Calories from Fat 80

% Daily Value*

Total Fat 9g **14%**

Saturated Fat 1.5g **8%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 180mg **8%**

Total Carbohydrate 14g **5%**

Dietary Fiber 1g **4%**

Sugars 6g

Protein 3g

Vitamin A 0% • Vitamin C 2%

Calcium 4% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.