

# NUTRITIONAL FACTS

WORLD PEAS

## Classic Cheese

### Nutrition Facts

**Serving size** 1 oz (28g)

**Amount Per Serving**  
**Calories** **130**

% Daily Value\*

<b>Total Fat</b> 8g	<b>10%</b>
Saturated Fat 1g	5%
<i>Trans Fat</i> 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 200mg	<b>9%</b>
<b>Total Carbohydrate</b> 12g	<b>4%</b>
Dietary Fiber 3g	11%
Total Sugars 1g	
Includes 0g Added Sugars	0%
<b>Protein</b> 4g	<b>7%</b>
Vitamin D 0mcg	0%
Calcium 22mg	2%
Iron 1mg	6%
Potassium 418mg	8%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PULSE FLOUR BLEND (PEA FLOUR, LENTIL FLOUR, FAVA BEAN PROTEIN, PEA FIBER) HIGH OLEIC SUNFLOWER AND/OR SAFFLOWER OIL, RICE, CLASSIC CHEESE SEASONING (WHEY, SALT, CHEDDAR CHEESE [PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES], NATURAL FLAVORS, NONFAT DRY MILK, YEAST EXTRACT, BUTTERMILK SOLIDS, ONION POWDER, GARLIC POWDER, EXTRACTIVES OF PAPRIKA, TURMERIC). CONTAINS MILK.

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## Chili Cheese

### Nutrition Facts

**Serving size** 1 oz (28g)

**Amount Per Serving**  
**Calories** **130**

% Daily Value\*

**Total Fat** 8g **10%**

Saturated Fat 1g **5%**

*Trans* Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 180mg **8%**

**Total Carbohydrate** 12g **4%**

Dietary Fiber 3g **11%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

**Protein** 4g **7%**

Vitamin D 0mcg **0%**

Calcium 10mg **0%**

Iron 1mg **6%**

Potassium 391mg **8%**

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** PULSE FLOUR BLEND (PEA FLOUR, LENTIL FLOUR, FAVA BEAN PROTEIN, PEA FIBER) HIGH OLEIC SUNFLOWER AND/OR SAFFLOWER OIL, RICE, CHILI CHEESE SEASONING (MALTODEXTRIN, NATURAL FLAVOR, YEAST EXTRACT, SPICE, SALT, CHEESE [PASTEURIZED MILK, CHEESE CULTURE, ENZYMES], TOMATO POWDER, ONION POWDER, GARLIC POWDER, WHEY, PAPRIKA [COLOR], NONFAT DRY MILK, JALAPENO POWDER, NATURAL SMOKE FLAVOR, CITRIC ACID). CONTAINS MILK.

# NUTRITIONAL FACTS

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## Ranch

### **Nutrition Facts**

**Serving size** 1 oz (28g)

**Amount Per Serving**  
**Calories** **130**

% Daily Value\*

<b>Total Fat</b> 8g	<b>10%</b>
Saturated Fat 1g	<b>5%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 220mg	<b>9%</b>
<b>Total Carbohydrate</b> 12g	<b>4%</b>
Dietary Fiber 3g	<b>11%</b>
Total Sugars 1g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 4g	<b>7%</b>
Vitamin D 0mcg	0%
Calcium 25mg	2%
Iron 1mg	6%
Potassium 394mg	8%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PULSE FLOUR BLEND (PEA FLOUR, LENTIL FLOUR, FAVA BEAN PROTEIN, PEA FIBER) HIGH OLEIC SUNFLOWER AND/OR SAFFLOWER OIL, RICE, RANCH SEASONING (CULTURED BUTTERMILK, SALT, GARLIC POWDER, ONION POWDER, YEAST EXTRACT, MALTODEXTRIN, SPICES, SOUR CREAM SOLIDS, WHEY, NATURAL FLAVORS, WHEY PROTEIN CONCENTRATE, LACTIC ACID, VINEGAR SOLIDS, CANOLA OIL). CONTAINS MILK.