

# NUTRITIONAL FACTS

THE KANSAS CITY STEAK COMPANY

4 (7oz) Chicken Breasts w/ Traditional Stuffing

Nutrition Facts	
Serving Size 1 BREAST (170g)	
Servings Per Container 4	
Amount Per Serving	
Calories 270	Calories From Fat 110
% Daily Value*	
Total Fat 12g	15%
Saturated Fat 5g	27%
Trans Fat 0g	
Cholesterol 125mg	42%
Sodium 420mg	18%
Total Carb 6g	2%
Dietary Fiber 0g	0%
Sugars 1g	
Protein 34g	
Vitamin A 0%	* Vitamin C 0%
Calcium 2%	* Iron 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Sat. Fat	Less than 20g 25g
Cholest	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

4(7oz) CHICKEN BREAST WITH  
TRADITIONAL BREAD STUFFING

DISTRIBUTED BY

THE KANSAS CITY STEAK CO.

KANSAS CITY, KS 66106

NET WEIGHT 28 OZ (1.75 lbs.)