

# NUTRITIONAL FACTS

WORLD'S BEST CHEESES

## Five Cheese Sampler

### Mifroma Fondue Express

**Nutrition Facts** Serving Size 5.3 oz **Amount Per Serving** **Calories** 360 **Calories from Fat** 216 % **Daily Value\*** **Total Fat** 24g **37%** **Saturated Fat** 15g **75%** **Trans Fat** 0g **Cholesterol** 70mg **23%** **Sodium** 930mg **39%** **Total Carbohydrate** 6g **2%** **Dietary Fiber** 0g **0%** **Sugars** 0g **Protein** 23g **46%** **Vitamin A** 0% • **Vitamin C** 0% **Calcium** 45% • **Iron** 0% \*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs. **Calories** 2,000 2,500 **Total Fat** Less than 65g 80g **Sat Fat** Less than 20g 25g **Cholesterol** Less than 300mg 300mg **Sodium** Less than 2400mg 2400mg **Total Carbohydrate** 300g 375g **Dietary Fiber** 25g 30g

**INGREDIENTS:** SWISS CHEESE (EMMENTAL SWITZERLAND AOP, LE GRUYERE AOP, MOUNTAIN CHEESE (MILK, CHEESE CULTURE, SALT, ENZYMES)), WHITE WINE, WATER POTATO STARCH, CHERRY BRANDY, POLYPHOSPHATE (EMULSIFIER), DISODIUMPHOSPHATE (EMULSIFIER), SALT, SPICES. CONTAINS MILK

### Somerdale Wensleydale with Cranberries

**Nutrition Facts** Serving Size 1 oz (28g) **Amount Per Serving** **Calories** 100 **Calories from Fat** 60 % **Daily Value\*** **Total Fat** 7g **11%** **Saturated Fat** 4.5g **23%** **Trans Fat** 0g **Cholesterol** 15mg **5%** **Sodium** 140mg **6%** **Total Carbohydrate** 4g **1%** **Dietary Fiber** 1g **4%** **Sugars** 3g **Protein** 5g **10%** **Vitamin A** 0% • **Vitamin C** 0% **Calcium** 15% • **Iron** 0% \*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs. **Calories** 2,000 2,500 **Total Fat** Less than 65g 80g **Sat Fat** Less than 20g 25g **Cholesterol** Less than 300mg 300mg **Sodium** Less than 2400mg 2400mg **Total Carbohydrate** 300g 375g **Dietary Fiber** 25g 30g

**INGREDIENTS:** WENSLEYDALE CHEESE (PASTEURIZED COW'S MILK, SALT, STARTER CULTURE, VEGETARIAN RENNET), SWEETENED DRIED CRANBERRIES (CRANBERRIES, SUGAR, SUNFLOWER OIL). CONTAINS MILK.

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## Moondara Honey Pistachio

<b>Nutrition Facts</b>			
Serving Size (30g)			
<b>Amount Per Serving</b>			
<b>Calories</b> 107	Calories from Fat 82		
<b>% Daily Value*</b>			
<b>Total Fat</b> 9g	<b>14%</b>		
Saturated Fat 6g	<b>30%</b>		
Trans Fat 0g			
<b>Cholesterol</b> 28mg	<b>9%</b>		
<b>Sodium</b> 86mg	<b>4%</b>		
<b>Total Carbohydrate</b> 3g	<b>1%</b>		
Dietary Fiber 0g	<b>0%</b>		
Sugars 3g			
<b>Protein</b> 2g	<b>4%</b>		
<b>Vitamin A</b> 7%	• <b>Vitamin C</b> 0%		
<b>Calcium</b> 2%	• <b>Iron</b> 0%		
*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

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## Wood River Black Truffle Cheddar

**Nutrition Facts** 8 servings per container **Serving size 1 oz. (28g)** **Amount Per Serving** **Calories 110** %  
**Daily Value\*** **Total Fat** 8g **10%** **Saturated Fat** 5g **25%** **Trans Fat** 0g **Cholesterol** 30mg **10%** **Sodium**  
190mg **8%** **Total Carbohydrate** 1g **0%** **Dietary Fiber** 0g **0%** **Total Sugars** 0g **Includes 0g Added Sugars**  
**0%** **Protein** 7g **14%** **Vitamin D** 0mcg **0%** **Calcium** 195mg **15%** **Iron** 0mg **0%** **Potassium** 0mg **0%** \*The %  
Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000  
calories a day is used for general nutrition advice.

**INGREDIENTS:** PASTEURIZED CULTURED COW'S MILK, SALT, WHEY PROTEIN HYDROLISATE,  
SUMMER TRUFFLE AND ENZYMES. CONTAINS MILK.

## Olli Sliced Genoa Salame

**Nutrition Facts** Serving Size 1 oz (30g) **Amount Per Serving** **Calories 100** **Calories from Fat 60** % **Daily**  
**Value\*** **Total Fat** 7g **11%** **Saturated Fat** 2.5g **13%** **Trans Fat** 0g **Cholesterol** 25mg **8%** **Sodium** 430mg  
**18%** **Total Carbohydrate** 0g **0%** **Dietary Fiber** 0g **0%** **Sugars** 0g **Protein** 8g **16%** **Vitamin A** 0% • **Vitamin C**  
0% **Calcium** 2% • **Iron** 2% \*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may  
be higher or lower depending on your calorie needs. **Calories** 2,000 2,500 **Total Fat** Less than 65g 80g **Sat**  
**Fat** Less than 20g 25g **Cholesterol** Less than 300mg 300mg **Sodium** Less than 2400mg 2400mg **Total**  
**Carbohydrate** 300g 375g **Dietary Fiber** 25g 30g

**INGREDIENTS:** PORK, SEA SALT, CONTAINS LESS THAN 2% OF THE FOLLOWING: TURBINADO  
SUGAR, NATURAL FLAVORING, WINE, GARLIC, LACTIC ACID STARTER CULTURE

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## Old Croc Bacon & Jalapeno Cheddar

**Nutrition Facts** 6 servings per container **Serving size 1 oz (28g)** **Amount Per Serving** **Calories 100** %  
**Daily Value\*** **Total Fat** 8g **10%** **Saturated Fat** 6g **30%** **Trans Fat** 0g **Cholesterol** 25mg **8%** **Sodium** 360mg  
**16%** **Total Carbohydrate** 1g **0%** **Dietary Fiber** 0g **0%** **Total Sugars** 0g **Includes 0g Added Sugars 0%**  
**Protein** 6g **12%** **Vitamin D** 0mcg **0%** **Calcium** 183mg **15%** **Iron** 0mg **0%** **Potassium** 23mg **0%** \*The % Daily  
Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet.

**INGREDIENTS:** CHEDDAR CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES {VEGETABLE RENNET}) WATER, BACON (CURED WITH WATER, SALT, SUGAR, SODIUM ERYTHORBATE, SODIUM NITRITE, DEXTROSE), SODIUM PHOSPHATE, RED AND GREEN JALAPEÑO PEPPERS, SALT, SORBIC ACID (PRESERVATIVE), CRUSHED RED PEPPER, NATURAL FLAVORING. CONTAINS MILK.

## Dalmatia Fig Spread

**Nutrition Facts** Serving Size .7 oz Servings Per Container 1.3 **Amount Per Serving** **Calories 60** **Calories**  
from Fat 10 % **Daily Value\*** **Total Fat** 0g **0%** **Saturated Fat** 0g **0%** **Trans Fat** 0g **Cholesterol** 0mg **0%**  
**Sodium** 10mg **0%** **Total Carbohydrate** 14g **5%** **Dietary Fiber** 0g **0%** **Sugars** 13g **Protein** 0g **0%** **Vitamin A**  
0% • **Vitamin C** 6% **Calcium** 2% • **Iron** 0% \* Percent Daily Values are based on a 2,000 calorie diet. Your  
Daily Values may be higher or lower depending on your calorie needs. **Calories** 2,000 2,500 **Total Fat** Less  
than 65g 80g **Sat Fat** Less than 20g 25g **Cholesterol** Less than 300mg 300mg **Sodium** Less than 2400mg  
2400mg **Total Carbohydrate** 300g 375g **Dietary Fiber** 25g 30g

**INGREDIENTS:** FIGS, SUGAR, WATER, FRUIT PECTIN, CITRIC ACID (ACIDITY REGULATOR), LACTIC ACID (ACIDITY REGULATOR), ABSORBIC ACID.