NUTRITIONAL FACTS

FULLY COOKED SOUS VIDE BEEF TENDERLOIN MEDALLIONS WITH A SALT AND PEPPER RUB

Product is Fully Cooked
Thaw overnight in refrigerator in packaging on a plate. Remove product from the package.
Preheat a non-stick skillet over medium high heat. Please desired number of medallions in pan,
making sure you do not crowd the pan. Turn medallions over after approximately 2
minutes. Total warming time should be around 4-6 minutes. Product is fully cooked so do not
overheat, just heat until center is warm. Remove from skillet when warm, allow product to rest
2 minutes prior to serving.

Ingredients: Beef Tenderloin, Salt, Spices, Yeast Extract, Natural Flavor, Soybean Oil Blend(80%
Soybean Oil, 20% Extra Virgin Olive Oil), Natural Flavor.