

NUTRITIONAL FACTS

CORKY'S BBQ



5 lb Boneless Smoked Ham
with Corky's Honey Brown Sugar Glaze

Nutrition Facts	
Serving Size: 3.5 oz. (100g) Servings per Container Varied**	
Amount Per Serving	
Calories 180	Calories from Fat 80
% Daily Value*	
Total Fat 6g	9%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 910 mg	38%
Total Carbohydrate 11g	4%
Dietary Fiber 0g	0%
Sugars 11g	
Protein 14g	
Vitamin A 0% • Vitamin C 0%	
Calcium 0% • Iron 2%	
*Percent Daily Values are based on a 2,000 calorie diet.	

Ingredients: Ham (Cured with: Water, Dextrose, Contains 2% or less of Salt, Sodium Phosphates, Potassium Acetate, Potassium Lactate, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite), **Corky's Honey Brown Sugar Glaze** (Brown Sugar, Water, Apple Cider Vinegar, Molasses, Honey, Food Starch Modified, Salt, Onion Powder, Soybean Oil, Garlic Powder, Xanthan Gum, Spices, Sodium Benzoate (Preservative))

NUTRITIONAL FACTS

CORKY'S BBQ



5 lb Boneless Turkey Breast
with Corky's Honey Brown Sugar Glaze

Nutrition Facts	
Serving Size: 4.5 oz. (128g) Servings per Container Varied	
Amount Per Serving	
Calories 170	Calories from Fat 45
% Daily Value*	
Total Fat 5g	8%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 65mg	22%
Sodium 460 mg	19%
Total Carbohydrate 7g	2%
Dietary Fiber 0g	0%
Sugars 7g	
Protein 23g	
Vitamin A 0%	• Vitamin C 0%
Calcium 0%	• Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet.	

Ingredients: Turkey Breast (Contains up to 10% of a Solution of Turkey Broth, Salt, Sugar, Sodium Phosphate, Flavor), **Corky's Honey Brown Sugar Glaze** (Brown Sugar, Water, Apple Cider Vinegar, Molasses, Honey, Food Starch Modified, Salt, Onion Powder, Soybean Oil, Garlic Powder, Xanthan Gum, Spices, Sodium Benzoate(Preservative)).