NUTRITIONAL FACTS

THE PERFECT GOURMET

Gorgonzola Chicken (6) 6oz

Nutrition Facts

Serving Size 6 oz. (170 g.)
Servings Per Container 6

Amount Per Serving
Calories 280 Calories from Fat 160

%Daily Value*
Total Fat 16g 25%
Saturated Fat 4.5g 23%
Trans Fat 0g
Cholesterol 80 mg 27%
Iron 2%
Sodium 490 mg 20%
Total Carbohydrate 2g 1%
Dietary Fiber 0g 0%
Sugars 0
Protein 28g

*Percent Daily Values are based on a 2,000 calorie diet.
Your Daily values may be higher or lower depending on your calorie needs.

GOURMET

RAW READY TO COOK
Chicken Breast

with Roasted Red Peppers, Pesto Walnut Sauce and Gorgonzola Cheese

Ingredients: Boneless Chicken Cutlet, Pesto (Basil, Olive Oil, Sunflower Oil, Walnuts, Cashew Nuts, Corn Starch, Rice Flour, Whey (Milk), Milk Powder, Sea Salt, Wine Vinegar, Parmesan Cheese (Milk, Salt, Rennet), Garlic, Lactic Acid), Baby Spinach, Gorgonzola Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Cellulose (To Prevent Caking), Netamycin (To Protect Flavor)), Salt, Spices, Bell Pepper Flakes, Garlic and Onion Powder

CONTAINS: MILK, TREE NUTS (WALNUTS, CASHEWS).

KEEP FROZEN 623BLP

NET WT: 2.25 lbs (36 oz) 6/6 oz

Manufactured For: Perfect Gourmet, Towson, MD 21204