

NUTRITIONAL FACTS

SWEET SOPHIA'S

Aztec Cinnamon Bars

Nutrition Facts	
1 servings	
Serving size	1.5 oz (43g)
Amount per serving	
Calories	180
	% Daily Value*
Total Fat 8g	10%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 65mg	3%
Total Carbohydrate 25g	9%
Dietary Fiber 0g	0%
Total Sugars 16g	
Includes 16g Added Sugars	32%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 7mg	0%
Iron 1mg	6%
Potassium 9mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients:

Sugar, Wheat Flour, Soybean Oil, Eggs, Bleached Enriched Wheat Flour (Bleached Wheat Flour, Iron, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Cocoa (Alkalized), Water, Light Brown Sugar, Corn Syrup, Medium Invert Syrup, Rolled Oats, Butter (Cream, Natural Flavors), Semisweet Chocolate Chips (Sugar, Unsweetened Chocolate, Cocoa Butter, Soy Lecithin, Vanilla), Salt, Natural Vanilla Flavor, Baking Powder (Sodium Bicarbonate, Sodium Aluminum Sulfate, Cornstarch), Natural Butter Flavor, Baking Soda, Cinnamon.

Contains: Egg, Milk, Soy and Wheat.

NUTRITIONAL FACTS

SWEET SOPHIA'S

Brookie Bars

Nutrition Facts	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
	Total Fat 7g		9%	Total Carbohydrate 23g
1 servings per container	Saturated Fat 3g	15%	Dietary Fiber 0g	0%
Serving size 1.5 oz. (43g)	<i>Trans Fat</i> 0g		Total Sugars 15g	
	Cholesterol 35mg	12%	Includes 14g Added Sugars	28%
	Sodium 45mg	2%	Protein 2g	
Calories per serving 170	Vitamin D 0mcg 0% • Calcium 9mg 0% • Iron 1mg 6% Potassium 82mg 2%			

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients:

Sugar, Wheat Flour, Eggs, Butter (Cream, Natural Flavors), Soybean Oil, Semisweet Chocolate Chips (Sugar, Unsweetened Chocolate, Cocoa Butter, Soy Lecithin, Vanilla), Cocoa (Alkalized), Water, Light Brown Sugar, Invert Syrup, Natural Vanilla Flavor, Salt, Baking Powder (Sodium Bicarbonate, Sodium Aluminum Sulfate, Cornstarch), Baking Soda.

Contains: Eggs, Soy, Milk and Wheat

NUTRITIONAL FACTS

SWEET SOPHIA'S

Cinnamon Churro Bars

Nutrition Facts	
1 servings	
Serving size	1.5 oz (43g)
Amount per serving	
Calories	190
	% Daily Value*
Total Fat 7g	9%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 115mg	5%
Total Carbohydrate 28g	10%
Dietary Fiber 1g	4%
Total Sugars 17g	
Includes 15g Added Sugars	30%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 12mg	0%
Iron 0mg	0%
Potassium 1mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients:

Light Brown Sugar, Rolled Oats, Margarine (Soybean Oil, Palm Oil, Water, Salt, Mono- and Di-glycerides, Soybean Lecithin, Sodium Benzoate [added as a preservative], Natural Butter Flavor [Colored with Anatto], Vitamin A [Palmitate added]), Wheat Flour, Sugar, Caramel Bits (Sugar, Corn Syrup, Liquid Sugar, Skim Milk, Palm Oil, Butter, Salt, Mono- and Diglycerides, Soy Lecithin), Dried Apples, Eggs, Water, Cinnamon, Natural Vanilla Flavor, Baking Soda, Salt.

Contains: Egg, Milk, Soy and Wheat.

NUTRITIONAL FACTS

SWEET SOPHIA'S

Sea Salt Caramel Bars

Nutrition Facts	
1 servings	
Serving size	1.5 oz. (43g)
Amount per serving	
Calories	180
% Daily Value*	
Total Fat 8g	10%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 70mg	3%
Total Carbohydrate 24g	9%
Dietary Fiber 0g	0%
Total Sugars 16g	
Includes 16g Added Sugars	32%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 8mg	0%
Iron 1mg	6%
Potassium 16mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients:

Sugar, Soybean Oil, Wheat Flour, Eggs, Bleached Enriched Wheat Flour (Bleached Wheat Flour, Iron, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Cocoa (Alkalized), Water, Corn Syrup, Medium Invert Syrup, Caramel Fudge (Corn Syrup, Water, Sweetened Condensed Skim Milk [Sugar, Water, Nonfat Milk Solids], Sugar, Butter [Cream, Salt], Coconut Oil, Brown Sugar, Salt, Carrageenan, Sodium Bicarbonate, Soy Lecithin, Mono & Diglycerides, Potassium Sorbate and Vanilla), Salt, Natural Vanilla Flavor, Baking Powder (Sodium Bicarbonate, Sodium Aluminum Sulfate, Cornstarch), Natural Butter Flavor, Rolo Flavor (Natural and Artificial Flavors).

Contains: Eggs, Soy, Milk and Wheat.