

NUTRITIONAL FACTS

Egg Harbor

(8) 6 oz. Seafood-Stuffed Salmon Portions

INGREDIENTS: SALMON (COLOR ADDED THROUGH FEED), IMITATION CRAB MEAT (ALASKA POLLOCK, WATER, EGG WHITES, WHEAT STARCH, SUGAR, POTATO STARCH, TAPIOCA STARCH, CONTAINS 2% OR LESS OF: NATURAL AND ARTIFICIAL FLAVORS INCLUDING KING CRAB, SORBITOL, SODIUM TRIPOLYPHOSPHATE, TETRASODIUM PYROPHOSPHATE, SALT, CARMINE, PAPRIKA OLEORESIN, COLOR ADDED), MAYONNAISE (SOYBEAN OIL, WATER, EGG YOLKS, DISTILLED VINEGAR, CONTAINS LESS THAN 2% CORN SYRUP, SALT, SPICE, LEMON JUICE CONCENTRATE, CALCIUM DISODIUM EDTA (TO PROTECT FLAVOR), WATER, BREAD CRUMB (BLEACHED WHEAT FLOUR, DEXTROSE, SALT, YEAST), COOKED RICE (WATER, RICE), CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, ANNATTO [COLOR], 2% OR LESS POWDERED CELLULOSE TO PREVENT CAKING), ONIONS, RED AND GREEN BELL PEPPERS, CELERY SALT (SALT, CELERY SEED), SPICES (INCLUDING RED PEPPER AND BLACK PEPPER), PAPRIKA, DILL.

ALLERGENS: FISH (SALMON, POLLACK), CRUSTACEAN SHELLFISH (CRAB), EGGS, WHEAT, MILK

Nutrition Facts			
Serving Size 6 oz/170g (1 portion)			
Servings Per Container 8			
Amount / Serving			
Calories 380	Calories from Fat 240		
% Daily Value*			
Total Fat 26g			40%
Saturated Fat 5g			25%
Trans Fat 0g			
Cholesterol 60mg			20%
Sodium 400mg			17%
Total Carbohydrate 16g			5%
Dietary Fiber 1g			4%
Sugars 2g			
Protein 22g			
Vitamin A 10%		Vitamin C 15%	
Calcium 6%		Iron 4%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g