

# NUTRITIONAL FACTS

SQUIRREL BRAND

## Caramel Toasted Colada Cashews

Nutrition Facts	
about 16 servings per container	
<b>Serving size</b>	<b>1/4 cup (31g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>160</b>
	<b>% Daily Value*</b>
<b>Total Fat</b> 9g	<b>12%</b>
Saturated Fat 2.5g	<b>12%</b>
Trans Fat 0g	
Polyunsaturated Fat 1.5g	
Monounsaturated Fat 4.5g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 75mg	<b>3%</b>
<b>Total Carbohydrate</b> 17g	<b>6%</b>
Dietary Fiber Less than 1g	<b>3%</b>
Total Sugars 14g	
Includes 13g Added Sugars	<b>26%</b>
<b>Protein</b> 3g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 1mg	6%
Potassium 100mg	2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CASHEWS, SUGAR, TOASTED SWEETENED COCONUT (COCONUT, SUGAR, DEXTROSE, SALT), CONTAINS LESS THAN 2% OF THE FOLLOWING: BUTTER (CREAM [MILK], SALT), CORN SYRUP, SALT, NATURAL FLAVORS.

ALLERGEN INFORMATION: MAY CONTAIN PEANUTS AND/OR OTHER TREE NUTS.

ALLOWABLE CLAIMS:

GLUTEN FREE.

NO ARTIFICIAL PRESERVATIVES.

0g TRANS FAT PER SERVING. SEE NUTRITION INFORMATION FOR FAT CONTENT.