

NUTRITIONAL FACTS

SECOND NATURE BY SANDERS

Coconut Almond Medley

Nutrition Facts	
5 servings per container	
Serving size	1 ounce (28g)
Amount per serving	
Calories	160
% Daily Value*	
Total Fat 13g	17%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 60mg	3%
Total Carbohydrate 12g	4%
Dietary Fiber 3g	11%
Total Sugars 8g	
Includes 7g Added Sugars	14%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 0.8mg	4%
Potassium 150mg	4%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: ALMONDS (ALMONDS, PEANUT AND/OR SUNFLOWER OIL, SALT). DARK CHOCOLATE CHUNKS (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, SOY LECITHIN, SALT AND VANILLA). COCONUT SLICES (FRESH COCONUT MEAT, CANE SUGAR, SEA SALT).

CONTAINS ALMONDS, COCONUT, AND SOY.

MAY CONTAIN MILK, PEANUTS, AND OTHER TREE NUTS.

NUTRITIONAL FACTS

SECOND NATURE BY SANDERS

Dark Chocolate Medley

Nutrition Facts	
4.5 servings per container	
Serving size	1 ounce (28g)
Amount per serving	
Calories	160
	% Daily Value*
Total Fat 13g	17%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 25mg	1%
Total Carbohydrate 11g	4%
Dietary Fiber 2g	7%
Total Sugars 7g	
Includes 6g Added Sugars	12%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 0.9mg	6%
Potassium 150mg	4%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: ALMONDS (ALMONDS, PEANUT AND/OR SUNFLOWER OIL). DARK CHOCOLATE CHUNKS (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, SOY LECITHIN, SALT AND VANILLA). CASHEWS AND PECANS (CASHEWS AND PECANS, PEANUT AND/OR SUNFLOWER OIL, SALT).

CONTAINS ALMONDS, CASHEWS, PECANS, AND SOY.

MAY CONTAIN MILK AND PEANUTS.

NUTRITIONAL FACTS

SECOND NATURE BY SANDERS

Vanilla Glazed Medley

Nutrition Facts	
4 servings per container	
Serving size	1 ounce (28g)
Amount per serving	
Calories	140
	% Daily Value*
Total Fat 9g	12%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 30mg	1%
Total Carbohydrate 15g	5%
Dietary Fiber 2g	7%
Total Sugars 11g	
Includes 9g Added Sugars	18%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 0.5mg	2%
Potassium 100mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ALMONDS (ALMONDS, PEANUT AND/OR SUNFLOWER OIL, SALT). VANILLA GLAZED WALNUTS (WALNUTS, SUGAR, VANILLA EXTRACT, NATURAL FLAVORS). DRIED BLUEBERRIES (BLUEBERRIES, SUGAR, SUNFLOWER OIL). DRIED CRANBERRIES (CRANBERRIES, SUGAR, SUNFLOWER OIL).

CONTAINS ALMONDS AND WALNUTS.

MAY CONTAIN MILK, PEANUTS, SOY, WHEAT, AND OTHER TREE NUTS.

NUTRITIONAL FACTS

SECOND NATURE BY SANDERS

Wholesome Medley

Nutrition Facts	
5 servings per container	
Serving size	1 ounce (28g)
Amount per serving	
Calories	140
	% Daily Value*
Total Fat 9g	12%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 35mg	2%
Total Carbohydrate 14g	5%
Dietary Fiber 2g	7%
Total Sugars 10g	
Includes 8g Added Sugars	16%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 0.5mg	2%
Potassium 120mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: PEANUTS (PEANUTS, PEANUT AND/OR SUNFLOWER OIL, SALT). DRIED CRANBERRIES (CRANBERRIES, SUGAR, SUNFLOWER OIL). DARK CHOCOLATE CHUNKS (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, SOY LECITHIN, SALT AND VANILLA). ALMONDS (ALMONDS, PEANUT AND/OR SUNFLOWER OIL). CASHEWS (CASHEWS, PEANUT AND/OR SUNFLOWER OIL, SALT). DRIED CHERRIES (TART CHERRIES, SUGAR, SUNFLOWER OIL).

CONTAINS ALMONDS, CASHEWS, PEANUTS, AND SOY.

MAY CONTAIN MILK AND OTHER TREE NUTS.