

NUTRITIONAL FACTS

THE KANSAS CITY STEAK COMPANY

20 (5oz) Top Sirloin Steaks

Nutrition Facts	
Serving Size 1 STEAK(142g)	
Servings Per Container 10	
Amount Per Serving	
Calories 270 Calories From Fat 140	
% Daily Value*	
Total Fat	16g 25%
Saturated Fat	6g 30%
Trans Fat	0g
Cholesterol	100mg 33%
Sodium	75mg 3%
Total Carb	0g 0%
Dietary Fiber	0g 0%
Sugars	.3g
Protein	28g
Vitamin A	0% • Vitamin C 0%
Calcium	4% • Iron 10%
*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,600	
Total Fat	Less than 65g 80g
Sat. Fat	Less than 20g 26g
Cholest	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

KEEP FROZEN
10(5oz) BEEF TOP SIRLOIN STEAKS
MECHANICALLY TENDERIZED
2 PIECES PER VACUUM PACKAGING

COOKING INSTRUCTIONS: GRILL UNTIL PRODUCT REACHES 145F AS MEASURED WITH A FOOD THERMOMETER, AND HOLD THE PRODUCT AT OR ABOVE THAT TEMPERATURE FOR 3 MINUTES.

NET WEIGHT 50 OZ (3.13 lbs.)