

NUTRITIONAL FACTS

THE KANSAS CITY STEAK COMPANY

8 (5oz) Top Sirloin Steaks

Nutrition Facts	
Serving Size 1 STEAK(142g)	
Servings Per Container 8	
Amount Per Serving	
Calories 270 Calories From Fat 140	
% Daily Value*	
Total Fat 16g	25%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 100mg	33%
Sodium 75mg	3%
Total Carb 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 28g	
Vitamin A 0% • Vitamin C 0%	
Calcium 4% • Iron 10%	
*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Sat. Fat	Less than 20g 25g
Cholest	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

KEEP FROZEN
8(5oz) BEEF TOP SIRLOIN STEAKS
MECHANICALLY TENDERIZED

COOKING INSTRUCTIONS: GRILL UNTIL PRODUCT REACHES 145F AS MEASURED WITH A FOOD THERMOMETER, AND HOLD THE PRODUCT AT OR ABOVE THAT TEMPERATURE FOR 3 MINUTES.

NET WEIGHT 40 OZ (2.50 lbs.)

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Original Steak Seasoning Packet



The front of the packet features the Kansas City Steak Company logo (Established 1932) and five stars. Below the stars is the text "ORIGINAL" with a crossed-knives icon, followed by "TASTE. IT MATTERS." and "STEAK SEASONING" in large, bold letters. The text describes the seasoning as a "delicious combination of spices" and provides instructions for use. It includes a table for cooking temperatures and times for RARE, MED. RARE, and MEDIUM steaks, along with charcoal preparation instructions. A "GRILLING TIPS" section offers advice on grill success, distance, and meat preparation. A "Nutrition Facts" table is also present, showing 0 calories, 0g fat, 200mg sodium, 0g carbohydrates, and 0g protein per serving. The ingredients list includes salt, spices, dehydrated garlic, tricalcium phosphate, and anti-cakes. Distribution information for The Kansas City Steak Company is provided at the bottom.

ESTABLISHED 1932
THE *Kansas City* STEAK COMPANY

★★★★★
ORIGINAL
TASTE. IT MATTERS.
STEAK SEASONING

Our seasoning mixture is a delicious combination of spices that enhances the flavor of your steaks, prime rib, roasts, steakburgers and chicken.

Bring meat to room temperature. Sprinkle on seasoning to taste. Sear over maximum heat. On charcoal grill: 1 minute each side. On gas grill: 2 minutes each side. Reduce heat to medium. Grill to taste.

RARE	MED. RARE	MEDIUM
120° F - 130° F	130° F - 140° F	140° F - 150° F
7 MIN. >	9 MIN. >	9 MIN. >
FLIP, 7 MIN.	FLIP, 7 MIN.	FLIP, 9 MIN.

We recommend using a cooking thermometer to accurately measure the internal temperature.

CHARCOAL PREPARATION

- ★ Mound charcoal, ignite using a lighter or an electric starter.
- ★ Allow charcoal to burn until it is completely gray which assures your fire is at maximum heat.
- ★ Close or cover the grill while grilling but leave all air vents open.
- ★ The ideal distance between the grill and charcoal is 3 inches. If your grill cannot be adjusted, it may be necessary to alter grilling times shown.

GRILLING TIPS

- ★ Grilling success is achieved by using direct and indirect heat. Whether using a gas, charcoal or wood fire grill, the technique is the same. First, sear the meat over direct heat (maximum heat). Then, place over indirect heat (reduced heat) for the remainder of the cooking time.
- ★ When preparing meat for the grill, avoid cutting it or piercing it with a fork. This causes the meat to lose natural juices and flavor.

Nutrition Facts
Serving Size 1/4 tsp (0.8g)
Servings: About 35

Amount Per Serving	
Calories 0	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Sodium 200mg	8%
Total Carbohydrate 0g	0%
Protein 0g	

*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: SALT, SPICES, DEHYDRATED GARLIC, TRICALCIUM PHOSPHATE, ANTI-CAKES.

Distributed by: The Kansas City Steak Company, Kansas City, KS 66106
kansascitysteaks.com 800 524 1844



The back of the packet features the Kansas City Steak Company logo (Established 1932) and five stars. Below the stars is the text "ORIGINAL" with a crossed-knives icon, followed by "TASTE. IT MATTERS." and "NET WT. 1 oz. (28g)". The word "STEAK SEASONING" is printed vertically in large, bold letters on the right side of the packet.

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THE *Kansas City* STEAK COMPANY

★★★★★
ORIGINAL
TASTE. IT MATTERS.
NET WT. 1 oz. (28g)

STEAK SEASONING