

NUTRITIONAL FACTS

RASTELLI MARKET FRESH

Black Angus Beef Tenderloin Filet Mignon Tips – (12) 4 oz. Packs

Ingredients: Beef

Nutrition Facts	
Serving Size: 4 oz (113g)	
Servings Per Container: 12	
Amount Per Serving	
Calories 180	Calories from Fat 74
Total Fat 8g	12%
Saturated Fat 3g	15%
Cholesterol 72mg	24%
Sodium 63mg	3%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 26g	
Vitamin A 0%	Vitamin C 0%
Calcium 3%	Iron 12%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	