

NUTRITIONAL FACTS

CORAZONAS

Double Chocolate Chip Oatmeal Square

Nutrition Facts	Amount per serving		Amount per serving	
		% Daily Value*		% Daily Value*
1 serving per container Serving size 1 Square (50g)	Total Fat 6g	8%	Total Carbohydrate 30g	11%
	Saturated Fat 1g	5%	Dietary Fiber 6g	21%
	Trans Fat 0g		Soluble Fiber 4g	
	Polyunsaturated Fat 0.5g		Insoluble Fiber 2g	
	Monounsaturated Fat 3.5g		Total Sugars 12g	
Calories per serving 190	Cholesterol 0mg	0%	Includes 8g Added Sugars	16%
	Sodium 105mg	5%	Protein 6g	
Vitamin D 0mcg 0% • Calcium 30mg 2% • Iron 1.3mg 8% • Potassium 150mg 4%				

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

INGREDIENTS: ROLLED OATS, DATE PASTE, TAPIOCA SYRUP, INVERT SUGAR, EXPELLER PRESSED HIGH OLEIC SUNFLOWER OIL, INULIN, WHEY PROTEIN ISOLATE, WHITE CHOCOLATE CHIPS (SUGAR, COCOA BUTTER, MILK, NONFAT MILK, MILKFAT, SOY LECITHIN, VANILLA EXTRACT), PLUM PUREE, CHOCOLATE CHIPS (SUGAR, UNSWEETENED CHOCOLATE, COCOA BUTTER, DEXTROSE, SOY LECITHIN, VANILLA EXTRACT), EGG WHITES, VEGETABLE GLYCERINE, CONTAINS 2% OR LESS OF THE FOLLOWING: PLANT STEROLS, COCOA (PROCESSED WITH ALKALI), NATURAL FLAVOR, SOY LECITHIN, BAKING SODA, SALT. **CONTAINS EGG, MILK, SOY.**

MANUFACTURED BY: J&J SNACK FOODS CORP., PENNSAUKEN, NJ 08109.

NUTRITIONAL FACTS

CORAZONAS

Dark Chocolate Cherry Oatmeal Square

Nutrition Facts	Amount per serving		Amount per serving	
		% Daily Value*		% Daily Value*
1 serving per container Serving size 1 Square (50g)	Total Fat 5g	6%	Total Carbohydrate 30g	11%
	Saturated Fat 1g	5%	Dietary Fiber 5g	18%
Calories per serving	180		Soluble Fiber 3g	
			Insoluble Fiber 2g	
	Trans Fat 0g		Total Sugars 12g	
	Polyunsaturated Fat 0.5g		Includes 8g Added Sugars	16%
	Monounsaturated Fat 3.5g		Protein 6g	
	Cholesterol 0mg	0%		
	Sodium 105mg	5%		
	Vitamin D 0mcg 0% • Calcium 30mg 2% • Iron 1.4mg 8% • Potassium 170mg 4%			

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

INGREDIENTS: ROLLED OATS, DATE PASTE, INVERT SUGAR, TAPIOCA SYRUP, EXPPELLER PRESSED HIGH OLEIC SUNFLOWER OIL, INULIN, CHOCOLATE CHIPS (SUGAR, UNSWEETENED CHOCOLATE, COCOA BUTTER, DEXTROSE, SOY LECITHIN, VANILLA EXTRACT), WHEY PROTEIN ISOLATE, PLUMS, EGG WHITES, SWEETENED DRIED CHERRIES (CHERRIES, SUGAR, SUNFLOWER OIL), GLYCERINE, CONTAINS 2% OR LESS OF THE FOLLOWING: PLANT STEROLS, COCOA POWDER (PROCESSED WITH ALKALI), WATER, NATURAL FLAVOR, SOY LECITHIN, BAKING SODA, SALT. CONTAINS EGG, MILK, SOY.
MANUFACTURED BY: J&J SNACK FOODS CORP., PENNSAUKEN, NJ 08109.

NUTRITIONAL FACTS

CORAZONAS

White Chocolate Macadamia Oatmeal Square

Nutrition Facts	Amount per serving	% Daily Value*	Amount per serving	% Daily Value*	*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.
1 serving per container Serving size 1 Square (50g)	Total Fat 7g	9%	Total Carbohydrate 29g	11%	
	Saturated Fat 1g	5%	Dietary Fiber 6g	21%	
Calories per serving	<i>Trans Fat</i> 0g		Soluble Fiber 4g		
	Polyunsaturated Fat 0.5g		Insoluble Fiber 2g		
190	Monounsaturated Fat 3.5g		Total Sugars 11g		
	Cholesterol 0mg	0%	Includes 7g Added Sugars	14%	
	Sodium 95mg	4%	Protein 6g		
	Vitamin D 0mcg 0% • Calcium 20mg 2% • Iron 0.9mg 6% • Potassium 140mg 2%				

INGREDIENTS: ROLLED OATS, DATE PASTE, INVERT SUGAR, TAPIOCA SYRUP, EXPPELLER PRESSED HIGH OLEIC SUNFLOWER OIL, INULIN, WHITE CHOCOLATE CHIPS (SUGAR, COCOA BUTTER, MILK, NONFAT MILK, MILKFAT, SOY LECITHIN, VANILLA EXTRACT), WHEY PROTEIN ISOLATE, PLUM PUREE, MACADAMIA NUTS, EGG WHITES, CONTAINS 2% OR LESS OF THE FOLLOWING: GLYCERINE, PLANT STEROLS, WATER, NATURAL FLAVOR, SOY LECITHIN, BAKING SODA, SALT. CONTAINS EGG, MILK, SOY, TREE NUT (MACADAMIA).
MANUFACTURED BY: J&J SNACK FOODS CORP., PENNSAUKEN, NJ 08109.

NUTRITIONAL FACTS

CORAZONAS

Chocolate Chip Oatmeal Square

Nutrition Facts	Amount per serving		Amount per serving	
		% Daily Value*		% Daily Value*
1 serving per container Serving size 1 Square (50g)	Total Fat 6g	8%	Total Carbohydrate 30g	11%
	Saturated Fat 1g	5%	Dietary Fiber 6g	21%
Calories per serving	190		Soluble Fiber 4g	
			Insoluble Fiber 2g	
	Trans Fat 0g		Total Sugars 12g	
	Polyunsaturated Fat 0.5g		Includes 8g Added Sugars	16%
	Monounsaturated Fat 3.5g		Protein 6g	
	Cholesterol 0mg	0%		
	Sodium 100mg	4%		
	Vitamin D 0mcg 0% • Calcium 20mg 2% • Iron 1.2mg 6% • Potassium 150mg 4%			

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

INGREDIENTS: ROLLED OATS, DATE PASTE, TAPIOCA SYRUP, INVERT SUGAR, EXPELLER PRESSED HIGH OLEIC SUNFLOWER OIL, CHOCOLATE CHIPS (SUGAR, UNSWEETENED CHOCOLATE, COCOA BUTTER, DEXTROSE, SOY LECITHIN, VANILLA EXTRACT), INULIN, WHEY PROTEIN ISOLATE, PLUM PUREE, EGG WHITES, VEGETABLE GLYCERINE, PLANT STEROLS, BAKING SODA, NATURAL FLAVOR, SOY LECITHIN, SALT. CONTAINS EGG, MILK, SOY.
MANUFACTURED BY: J&J SNACK FOODS CORP., PENNSAUKEN, NJ 08109.