

# NUTRITIONAL FACTS

GERMACK PISTACHIO COMPANY

## Caramel Walnut Fireside Blend

### Nutrition Facts

15 Servings Per Container

**Serving size** (3 TBSP) 30g

Amount Per Serving

**Calories** 139

% Daily Value\*

**Total Fat** 7g 9%

Saturated Fat 2.5g 10%

Trans Fat 0g

**Cholesterol** 1g 0%

**Sodium** 54g 3%

**Total Carbohydrate** 21g 14%

Dietary Fiber 2g 3%

Total Sugars 16g

includes 12g Added Sugar 26%

**Protein** 2g

Vitamin D 0%

Calcium 3%

Iron 1%

Potassium 103mg 2%

\*The % Daily Value tells you how much a nutrition in a serving of food contributes to a daily diet 2,000 calories a day is used for general nutrition advice.

### INGREDIENTS:

ALMONDS: CANOLA OIL, SALT; CARAMEL SEA SALT DROPS: SUGAR, PALM KERNEL AND PALM OIL, WHEY POWDER, COCOA POWDER, SALT, NATURAL FLAVOR, NONFAT DRY MILK SOLIDS, ANHYDROUS DEXTROSE, SOY LECITHIN (AN EMULSIFIER), PAPRIKA EXTRACT (ADDED FOR COLOR); GLAZED WALNUTS: CANE SUGAR, TAPIOCA SYRUP, SEA SALT, CANOLA OIL, SOY LECITHIN, ROSEMARY EXTRACT; BLUEBERRIES: SUGAR, SUNFLOWER OIL; WHITE CHOCOLATE CHUNKS: SUGAR, PALM KERNEL AND PALM OIL, WHEY POWDER, NONFAT DRY MILK SOLIDS, ANHYDROUS DEXTROSE, SOY LECITHIN (AN EMULSIFIER), SALT, AND NATURAL FLAVOR; CRANBERRIES: SUGAR, CRANBERRY JUICE FROM CONCENTRATE, SUNFLOWER OIL.

Manufactured on equipment that also processes peanuts, tree nuts, soy, milk and wheat products. May contain stems, shell, pit and/or seed fragments.