

NUTRITIONAL FACTS

THE KANSAS CITY STEAK COMPANY

12 (9.5oz) Boneless Ribeyes – Garlic & Herb

Nutrition Facts			
Serving Size 1/2 STEAK (133g)			
Servings Per Container 12			
Amount Per Serving			
Calories 300		Calories from Fat 190	
		% Daily Value*	
Total Fat 21g		32%	
Saturated Fat 9g		45%	
Trans Fat 1.5g			
Cholesterol 90mg		30%	
Sodium 500mg		21%	
Total Carbohydrate 2g		1%	
Dietary Fiber 0g		0%	
Sugars 0g			
Protein 24g			
Vitamin A 0%		• Vitamin C 0%	
Calcium 2%		• Iron 10%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
		Calories:	2,000 2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g