

NUTRITIONAL FACTS

THE KANSAS CITY STEAK COMPANY

6 (9.5oz) Boneless Ribeyes – Garlic & Herb

Nutrition Facts	
Serving Size 1/2 STEAK (133g)	
Servings Per Container 12	
Amount Per Serving	
Calories 300	Calories from Fat 190
% Daily Value*	
Total Fat 21g	32%
Saturated Fat 9g	45%
Trans Fat 1.5g	
Cholesterol 90mg	30%
Sodium 500mg	21%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 24g	
Vitamin A 0%	• Vitamin C 0%
Calcium 2%	• Iron 10%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g