

NUTRITIONAL FACTS

BLOUNT FINE FOODS

Lasagna Soup with Turkey Sausage

Nutrition Facts	
About 3.5 servings per container	
Serving size	1 cup (245g)
Amount per serving	
Calories	180
% Daily Value*	
Total Fat 8g	10%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 850mg	37%
Total Carbohydrate 17g	6%
Dietary Fiber 2g	7%
Total Sugars 4g	
Includes 1g Added Sugars	2%
Protein 11g	
Vitamin D 0mcg 0%	• Calcium 108mg 8%
Iron 2mg 10%	• Potassium 368mg 8%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: WATER, TOMATOES, TURKEY SAUSAGE (TURKEY, WATER, SPICES, SALT, PAPRIKA), ONIONS, ENRICHED PASTA (SEMOLINA, EGG WHITE SOLIDS, NIACIN, FERROUS SULFATE [IRON], THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), LIGHT CREAM, CONTAINS 2% OR LESS OF: ASIAGO CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES), CHICKEN BASE (CHICKEN, SALT, RENDERED CHICKEN FAT, DEXTROSE, SUGAR, NATURAL FLAVOR, SAFFLOWER OIL, CHICKEN BROTH, TURMERIC), TOMATO PASTE, GARLIC, PECORINO ROMANO CHEESE (SHEEP S MILK, CHEESE CULTURE, SALT, ENZYMES), CANOLA OIL, MODIFIED FOOD STARCH, PARSLEY, SALT AND SPICES.

CONTAINS: EGG, MILK AND WHEAT.

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BLOUNT FINE FOODS

Broccoli Cheddar Soup

Nutrition Facts	
About 3.5 servings per container	
Serving size	1 cup (245g)
Amount per serving	
Calories	250
% Daily Value*	
Total Fat 19g	24%
Saturated Fat 12g	60%
Trans Fat 0.5g	
Cholesterol 60mg	20%
Sodium 760mg	33%
Total Carbohydrate 12g	4%
Dietary Fiber 2g	7%
Total Sugars 3g	
Includes 1g Added Sugars	2%
Protein 9g	
Vitamin D 0mcg 0% • Calcium 229mg 20%	
Iron 0mg 0% • Potassium 271mg 6%	
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: CHICKEN BROTH, BROCCOLI, LIGHT CREAM, PASTEURIZED PROCESS CHEDDAR CHEESE (CHEDDAR CHEESE [PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES], WATER, SODIUM PHOSPHATE, MILKFAT, SALT, APOCAROTENAL [COLOR]), CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES), WATER, CONTAINS 2% OR LESS OF: CARROTS, BUTTER (CREAM, SALT), WHEAT FLOUR, CHICKEN BASE (CHICKEN, SALT, RENDERED CHICKEN FAT, DEXTROSE, SUGAR, NATURAL FLAVOR, SAFFLOWER OIL, CHICKEN BROTH, TURMERIC), MODIFIED CORN STARCH, HOT PEPPER SAUCE (DISTILLED VINEGAR, RED PEPPER, SALT) AND ANNATTO (FOR COLOR).

CONTAINS: MILK AND WHEAT.

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BLOUNT FINE FOODS

Maine Lobster Bisque

Nutrition Facts	
About 3.5 servings per container	
Serving size	1 cup (245g)
Amount per serving	
Calories	360
% Daily Value*	
Total Fat 30g	38%
Saturated Fat 18g	90%
Trans Fat 1g	
Cholesterol 125mg	42%
Sodium 730mg	32%
Total Carbohydrate 15g	5%
Dietary Fiber 0g	0%
Total Sugars 7g	
Includes 1g Added Sugars	2%
Protein 9g	
Vitamin D 1mcg 6%	Calcium 164mg 15%
Iron 0mg 0%	Potassium 269mg 6%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: LIGHT CREAM, WATER, LOBSTER MEAT, BUTTER (CREAM, SALT), SHERRY WINE, WHEAT FLOUR, CONTAINS 2% OR LESS OF: CLAM BROTH CONCENTRATE, CORN STARCH, TOMATO PASTE, CHICKEN BASE (CHICKEN, SALT, RENDERED CHICKEN FAT, DEXTROSE, SUGAR, NATURAL FLAVOR, SAFFLOWER OIL, CHICKEN BROTH, TURMERIC), LOBSTER STOCK CONCENTRATE (LOBSTER, SALT), NONFAT DRY MILK, SUGAR AND SALT.

CONTAINS: MILK, SHELLFISH (LOBSTER) AND WHEAT.

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BLOUNT FINE FOODS

New England Clam Chowder

Nutrition Facts	
About 3.5 servings per container	
Serving size	1 cup (245g)
Amount per serving	
Calories	290
% Daily Value*	
Total Fat 21g	27%
Saturated Fat 13g	65%
Trans Fat 0g	
Cholesterol 85mg	28%
Sodium 740mg	32%
Total Carbohydrate 16g	6%
Dietary Fiber 1g	4%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 9g	
Vitamin D 1mcg 6%	• Calcium 123mg 10%
Iron 1mg 6%	• Potassium 313mg 6%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: CREAM, CLAM BROTH FROM CONCENTRATE, CLAM MEAT, POTATOES, ONIONS, CONTAINS 2% OR LESS OF: BUTTER (CREAM, SALT), GARLIC (GARLIC, WATER), FISH STOCK (POLLOCK, SALT), MODIFIED FOOD STARCH, SALT AND SPICE.

CONTAINS: MILK AND FISH (POLLOCK).
MAY CONTAIN CRUSTACEAN SHELLFISH.