

NUTRITIONAL FACTS

MASCOT PECAN SHELLING CO.

Set of 2 Chocolate Pecan Gift Tins

Nutrition Facts	
Serving Size: 1/4 Cup (30g)	
Amount Per Serving	
Calories 250 Calories from Fat 180	
% Daily Value *	
Total Fat 20g	31%
Saturated Fat 6g	32%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 65mg	3%
Total Carbohydrate 17g	6%
Dietary Fiber 1g	6%
Sugars 14g	
Protein 1g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

INGREDIENTS: PECANS, MILK CHOCOLATE (SUGAR, MILK, COCOA BUTTER, CHOCOLATE LIQUOR, SOY LECITHIN [AN EMULSIFIER], VANILLIN), HYDROGENATED VEGETABLE OIL, SALT.