

NUTRITIONAL FACTS

THE KANSAS CITY STEAK COMPANY

16 (2oz) Tenderloin Medallions

Nutrition Facts	
Serving Size 4 OUNCES(113g)	
Servings Per Container 8	
Amount Per Serving	
Calories 320	Fat Calories 238
% Daily Value*	
Total Fat 26g	40%
Saturated Fat 11g	53%
Trans Fat 0g	
Cholesterol 80mg	27%
Sodium 55mg	2%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 20g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 15%
*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Sat. Fat	Less than 20g 25g
Cholest	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

KEEP FROZEN
16(2oz) BEEF TENDERLOIN MEDALLIONS
NET WEIGHT 32 OZ (2.00 lbs.)