NUTRITIONAL FACTS

Authentic Gourmet

20 Large Butter Croissants

All Butter Croissants

Nutrition Facts

Serving Size 1 croissant (60g/2.12oz)
Servings Per Container 20

Amount Per Serving	
Calories 221	Calories from Fat 141
	% Daily Value*
Total Fat 13g	**20%**
Saturated Fat 8.4g	**42%**
Trans Fat 0g	
Cholesterol 40mg	**13%**
Sodium 204mg	**9%**
Total Carbohydrate 21g	**7%**
Dietary Fiber 1.1g	**4%**
Sugars 2.8g	
Protein 4.6g	**9%**

Vitamin D 0%	•	Calcium 1.8%	
Iron 2%	•	Potassium 2%	

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: Wheat flour, butter (milk fat 82%, water, nonfat milk), water, yeast, sugar, wheat gluten, trehalose (source of glucose), salt, wheat germ, malted wheat flour, eggs, acerola extract (maltodextrin), marigold extract (color), enzymes (xylanase, alpha-anylase).

Contains: Milk, eggs, wheat.
Produced in a plant that uses: Soybeans.