

# NUTRITIONAL FACTS

Lecoq Cuisine

## 48 Savory Hors D'oeuvre Croissant Assortment Bacon & Egg

### Nutrition Facts

Serving Size 1 ounce (28.35g)  
Servings Per Container 24 or 48

#### Amount Per Serving

**Calories** 90      **Calories from Fat** 45

**% Daily Value\***

**Total Fat** 5g      **8%**

Saturated Fat 3g      **15%**

Trans Fat 0g

**Cholesterol** 40mg      **13%**

**Sodium** 95mg      **4%**

**Total Carbohydrate** 7g      **2%**

Dietary Fiber 0g      **1%**

Sugars 2g

**Protein** 3g      **6%**

Vitamin A 4%      •      Vitamin C 0%

Calcium 0%      •      Iron 4%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

#### INGREDIENTS:

Enriched Flour (Unbleached Wheat Flour, Malted Barley flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Whole Egg (Whole Eggs, Citric Acid), Unsalted Butter (Cream, Natural Flavorings), Water, Milk (Milk, Vitamin C, Vitamin D3), Swiss Cheese (Milk, Cheese Culture, Enzymes, Salt, Potato Starch and Powdered Cellulose (anti-caking agents)), Cheddar Cheese (Cultured, Pasteurized milk, salt, enzymes, annatto (color), potato starch and corn starch (anti-caking agents) and Natamycin), Sugar, Sour Cream (Cultured Pasteurized Light Cream, nonfat Milk, Enzymes), Cured Bacon (Bacon, Water, salt, Sugar, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite), Yeast, Modified Food Starch, Dough Conditioner (Enriched wheat flour, guar gum, deactivated yeast, xanthan gum, DATEM, enzyme ascorbic acid), Salt (Salt, Yellow Prussiate of Soda), Gluten (Wheat), Chive Ground White Pepper

#### Allergens

**CONTAINS: MILK, WHEAT, EGG.**

**Produced in a plant that also processes: SOY, TREE NUT.**

#### Manufactured by:

**Lecoq Cuisine Corp.**

**35 Union Avenue, Bridgeport, CT**

**06607**

# NUTRITIONAL FACTS

Lecoq Cuisine

## 48 Savory Hors D'oeuvre Croissant Assortment Spinach & Ricotta

### Nutrition Facts

Serving Size 1 ounce (28.35g)  
Servings Per Container 24 or 48

#### Amount Per Serving

Calories 80      Calories from Fat 40

% Daily Value\*

**Total Fat** 4.5g      7%

Saturated Fat 3g      14%

Trans Fat 0g

**Cholesterol** 20mg      6%

**Sodium** 75mg      3%

**Total Carbohydrate** 7g      2%

Dietary Fiber 0g      2%

Sugars 1g

**Protein** 2g

Vitamin A 8%      •      Vitamin C 0%

Calcium 0%      •      Iron 4%

\*Percent Daily Values are based on a diet of other people's secrets.  
Your daily values may be higher or lower depending on your calorie needs:

		Calories	2,000	2,500
Total Fat	Less than	65g	80g	
Saturated Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

#### INGREDIENTS:

Enriched Flour (Unbleached Wheat Flour, Malted Barley flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Ricotta Cheese (Whole milk, Starter, Salt), Unsalted Butter (Cream, Natural Flavorings), Spinach, Water, Whole Egg (Whole Eggs, Citric Acid), Milk (Milk, Vitamin C, Vitamin D3), Sugar, Yeast, Dough Conditioner (Enriched wheat flour, guar gum, deactivated yeast, xanthan gum, DATEM, enzymes, ascorbic acid), Gluten (Wheat), Salt (Salt, Yellow Prussiate of Soda), Pasteurized Lemon Juice, Nutmeg, Ground White Pepper.

#### Allergens

CONTAINS: MILK, WHEAT, EGG.

Produced in a plant that also processes: SOY, TREE NUT.

#### Manufactured by:

Lecoq Cuisine Corp.

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[www.LecoqCuisine.com](http://www.LecoqCuisine.com)

**MADE IN USA**