

NUTRITIONAL FACTS

Authentic Gourmet

50 Piece Mini Chocolate Croissants

Mini Chocolate Filled Croissants

Nutrition Facts

Serving Size 1 croissant (30g/1.06 oz)

Servings Per Container 50

Amount Per Serving

Calories 128 **Calories from Fat** 64

% Daily Value*

Total Fat 7g **11%**

Saturated Fat 5g **25%**

Trans Fat 0g

Cholesterol 38mg **13%**

Sodium 104mg **4%**

Total Carbohydrate 14g **5%**

Dietary Fiber 1g **3%**

Sugars 4g

Protein 2g

Vitamin A 2% • Vitamin C 0%

Calcium 1% • Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet.
Your daily values may be higher or lower depending on
your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: Wheat flour, butter, water, chocolate (sugar, chocolate liquor, cocoa butter, soy lecithin (emulsifier)), yeast, sugar, wheat gluten, trehalose, salt, stabilized wheat germ, malted wheat flour, acerola extract (maltodextrin support), beta carotenes (color), enzymes.

Contains: Wheat (gluten), milk, soy.

Produced in a plant that uses: Eggs.