

# NUTRITIONAL FACTS

Alaskan Jack

(8) 6 oz. Lemon Pepper Dry Rubbed Cod Filets

<b>Nutrition Facts</b>	
8 servings per container	
<b>Serving size</b>	<b>1 Piece (6 oz)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>130</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 1g	<b>1%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 80mg	<b>27%</b>
<b>Sodium</b> 510mg	<b>22%</b>
<b>Total Carbohydrate</b> 3g	<b>1%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 0g	
Includes 10g Added Sugars	<b>0%</b>
<b>Protein</b> 26g	
Vit. D 1mcg 6%	• Calcium 30mg 2%
Iron 0mg 0%	• Potas. 417mg 8%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

**INGREDIENTS:** Cod, Spices, Lemon Peel, Orange Peel, Sugar, Dextrose, Dehydrated Onion, Dehydrated Garlic, Citric Acid, and Natural Flavoring.

**CONTAINS: FISH (cod)**