

NUTRITIONAL FACTS

Cheryl's

100-piece Holiday Cookie Sampler

Nutrition Facts Serving Size	Chocolate Chip Cookie		Chocolate Chocolate Chip Cookie		Gingerbread Cookie		Oatmeal Raisin Cookie		Sugar Cookie	
	1 cookie = .8oz(23g)		1 cookie = .8oz(23g)		1 Cookie = .8oz (23g)		1 cookie = .8oz(23g)		1 cookie = .8oz(23g)	
	Amt. Per Serving	% Daily Value	Amt. Per Serving	% Daily Value	Amt. Per Serving	% Daily Value	Amt. Per Serving	% Daily Value	Amt. Per Serving	% Daily Value
Calories	100		100		90		90		90	
Calories from Fat	35		45		35		30		30	
Total Fat	4g	6%	5g	7%	4g	6%	3g	5%	3.5g	5%
Saturated Fat	2.5g	13%	3g	14%	2.5g	12%	2g	9%	2g	11%
Trans Fatty Acids	0g		0g		0g		0g		0g	
Cholesterol	10mg	4%	15mg	5%	15mg	5%	10mg	4%	20mg	6%
Sodium	90mg	4%	75mg	3%	90mg	4%	75mg	3%	110mg	5%
Total Carbohydrate	15g	5%	13g	4%	14g	5%	15g	5%	14g	5%
Dietary Fiber	Less than 1g	2%	Less than 1g	3%	0g	0%	Less than 1g	3%	0g	0%
Sugars	9g		9g		7g		9g		6g	
Protein	1g		1g		1g		1g		1g	
Vitamin A		2%		2%		2%		2%		2%
Calcium		*		2%		2%		2%		*
Vitamin C		*		*		*		*		*
Iron		2%		2%		2%		2%		*

Percent Daily Values are based on a 2,000 calorie diet. Your Daily values may be higher or lower depending on Your calorie needs.

* Not A significant source of this nutrient.

Nutrition Facts Serving Size	Buttercream Frosted Holiday Cut Out Cookie		German Chocolate Pecan Cake Cookie	
	1 Cookie = 1.3oz (37g)		1 Cookie = 1.6oz (45g)	
	Amt. Per Serving	% Daily Value	Amt. Per Serving	% Daily Value
Calories	150		170	
Calories from Fat	45		90	
Total Fat	5g	8%	10g	15%
Saturated Fat	3g	14%	5g	25%
Trans Fatty Acids	0g		0g	
Cholesterol	20mg	7%	20mg	7%
Sodium	180mg	7%	210mg	9%
Total Carbohydrate	25g	8%	18g	6%
Dietary Fiber	0g	0%	1g	4%
Sugars	18g		9g	
Protein	1g		2g	
Vitamin A		4%		4%
Calcium		*		2%
Vitamin C		*		*
Iron		*		6%

Percent Daily Values are based on a 2,000 calorie diet. Your Daily values may be higher or lower depending on Your calorie needs. * Not A significant source of this nutrient.

NUTRITIONAL FACTS

Cheryl's

INGREDIENTS:

Chocolate Chip Cookie

Net Wt .8oz (23g)

INGREDIENTS:

Wheat Flour, Chocolate Chips (Sugar, Chocolate Liquor, Cocoa Butter, Soy Lecithin [Emulsifier], Ground Vanilla Beans, May Contain Milk), **Butter** (Milk), **Light Brown Sugar** (Sugar, Cane Syrups), **Sugar, Eggs, Fructose, Natural Flavors, Baking Soda, Salt.**

Chocolate Chocolate Chip Cookie

Net Wt .8oz (23g)

INGREDIENTS:

Chocolate Chips (Milk, Sugar, Chocolate Liquor, Cocoa Butter, Soy Lecithin [Emulsifier], Ground Vanilla Beans), **Wheat Flour, Butter** (Milk), **Brown Sugar, Sugar, Eggs, Cocoa** (Alkalized), **Natural Flavors, Salt, Baking Soda.**

Gingerbread Cookie

Net Wt .8oz(23g)

INGREDIENTS:

Wheat Flour, Butter (Milk), **Molasses, Brown Sugar, Sugar, Eggs, Ginger, Cinnamon, Baking Soda, Salt, Cloves**

Oatmeal Raisin Cookie

Net Wt .8oz (23g)

INGREDIENTS:

Raisins, Wheat Flour, Butter (Milk), **Oats, Brown Sugar, Sugar, Eggs, Honey, Water, Natural Flavors, Baking Powder** (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Mono-Calcium Phosphate), **Cinnamon, Baking Soda, Salt.**

Sugar Cookie

Net Wt .8oz (23g)

INGREDIENTS:

Wheat Flour, Sugar, Butter (Milk), **Eggs, Cream Of Tartar** (Calcium Sulfate, Monocalcium Phosphate, Adipic Acid, Corn Starch), **Baking Soda, Natural Flavors, Salt, Lemon Extract.**

Buttercream Frosted Holiday Cut-Out Cookie

Net Wt. 1.3oz (37g)

INGREDIENTS:

Wheat Flour, Butter (Milk), **Sugar, Powdered Sugar** (Corn Starch), **Eggs, Evaporated Milk** (Milk, Dipotassium Phosphate, Carrageenan, Vitamin D3), **Natural Flavors, Cream Of Tartar** (Calcium Sulfate, Monocalcium Phosphate, Adipic Acid, Corn Starch), **Baking Soda, Salt. May Contain Toppings:** FD&C Artificial Colors (Red #3, Yellow #5, Yellow #5 Lake, Yellow #6, Yellow #6 Lake, Blue #1, Blue #1 Lake, Blue #2, Blue #2 Lake, Red #40, Red #40 Lake), **Sugar, Rice Flour, Partially Hydrogenated Vegetable Oil** (Soybean, Cottonseed), **Corn Starch, Cellulose Gum, Xanthan Gum, Carrageenan, Mono- and Diglycerides, Confectioner's Glaze, Dextrin, Soy Lecithin, Titanium Dioxide, Carnauba Wax, Citric Acid, Sodium Benzoate and Potassium Sorbate** (Preservatives), **Polysorbate 60, Gum Tragacanth, Gum Arabic, Natural and Artificial Flavor.**

German Chocolate Pecan Cake Cookie

Net Wt. 1.6oz (45g)

INGREDIENTS:

Wheat Flour, Powdered Sugar (Corn Starch), **Butter** (Milk), **Brown Sugar** (Sugar, Cane Syrups), **Buttermilk** (Cultured Lowfat Milk, Nonfat Milk, Salt, Sodium Citrate, Vitamin A Palmitate, Vitamin D3), **Pecans** (Cottonseed Oil, Salt), **Caramel** (Corn Syrup, Butter, Sugar, Hydrogenated Coconut Oil, Fructose, Milk, Emulsifiers (Mono-and Diglycerides and Soy Lecithin), Salt, Natural and Artificial Flavors, TBHQ and Citric Acid [To Preserve Freshness]), **Coconut** (Coconut, Sugar, Dextrose, Salt, Water, Propylene Glycol, Sodium Metabisulfite), **Cocoa** (Alkalized), **Eggs, Sugar, Evaporated Milk** (Milk, Dipotassium Phosphate, Carrageenan, Vitamin D3), **Salt, Baking Soda, Natural Flavors.**