

NUTRITIONAL FACTS

Vitalicious

(36) 2 oz. VitaTops Muffin Tops in 4 Flavors
Chocolate Peanut Butter Chip

Nutrition Facts

Serving Size 1 VitaTop 55g (2 oz.)
Serving Per Container 4

Amount Per Serving:

Calories 120 Calories From Fat 25

% Daily Value*

Total Fat 3g 5%

Saturated Fat 2g 10%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 130mg 5%

Potassium 150mg 4%

Total Carbohydrate 27g 9%

Dietary Fiber 9g 36%

Insoluble Fiber 4g

Sugars 12g

Protein 4g 8%

Vitamin A (Half from Beta Carotene) 50%

Vitamin C 50%

Calcium 30% Iron 50%

Vitamin D 50% Vitamin E 50%

Thiamin 4% Riboflavin 10%

Niacin 4% Folic Acid 50%

Vitamin B12 50% Vitamin B6 50%

Pantothenic Acid 12.5%

Biotin 50% Zinc 50%

*Percent Daily Values (DV) are based on a 2000-calorie diet. Your daily values may be higher or lower depending on your calorie needs.

INGREDIENTS: Water, Whole Wheat Flour, Organic Sugar, Egg Whites, Peanut Drops (Sugar, Palm Kernel and Palm Oil, Partially Defatted Peanut Flour, Nonfat Milk Powder, Dextrose, Salt, Soy Lecithin [an emulsifier]), Natural Chicory Fiber (Inulin), Cocoa Powder, Soy Fiber, Dried Honey, Wheat Gluten, Lecithin, Leavening (Potassium Bicarbonate, Sodium Acid Pyrophosphate), Tricalcium Phosphate, Chocolate Flavor, Natural Flavor, Sea Salt, Xanthan Gum, Natural Sweetener (Rebiana, Monk Fruit Extract).

VITAMINS AND MINERALS: Calcium (as Calcium Carbonate from ground limestone and as Dicalcium Phosphate), Vitamin C (Ascorbic Acid), Iron (as Ferric Orthophosphate), Vitamin E (dl-Alpha-Tocopheryl Acetate), Zinc (as Zinc Oxide), Vitamin B5 (as d-Calcium Pantothenate), Vitamin B6 (Pyridoxine Hydrochloride), Beta-Carotene (as Vitamin A), Vitamin A Palmitate, Vitamin B9 (Folic Acid), Vitamin H (Biotin), Vitamin D3 (Cholecalciferol), Vitamin B12 (Cyanocobalamin).

CONTAINS EGG, WHEAT AND SOY. Manufactured in a shared facility that uses milk and tree nuts.

NUTRITIONAL FACTS

Vitalicious

(36) 2 oz. VitaTops Muffin Tops in 4 Flavors
Wild Blueberry

Nutrition Facts

Serving Size 1 VitaTop 55g (2 oz.)
Servings Per Container 4

Amount Per Serving:

Calories 120 Calories From Fat 15

% Daily Value*

Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 170mg	7%
Total Carbohydrate 25g	8%
Dietary Fiber 8g	32%
Insoluble Fiber 3g	
Sugars 8g	
Protein 5g	10%
Vitamin A	30%
Vitamin C	50%
Calcium 20%	Iron 60%
Vitamin D 50%	Vitamin E 50%
Thiamin 4%	Riboflavin 10%
Niacin 4%	Folic Acid 50%
Vitamin B12 50%	Vitamin B6 50%
Pantothenic Acid	12.5%
Biotin 50%	Zinc 50%

*Percent Daily Values (DV) are based on a 2000-calorie diet. Your daily values may be higher or lower depending on your calorie needs.

INGREDIENTS: Water, Blueberries, Whole Wheat Flour, Egg Whites, Organic Sugar, Wheat Flour, Natural Chicory Fiber (Inulin), Cellulose, Wheat Protein Isolate, Canola Oil, Glycerine, Leavening (Calcium Acid Pyrophosphate, Monocalcium Phosphate, Sodium Bicarbonate), Corn Starch, Wheat Gluten, Whey Protein Concentrate, Natural Flavor, Vitamins, Lecithin, Xanthan Gum, Salt, Guar Gum, Potassium Chloride, Maltodextrin, Natural Vanilla Flavor, Stevia Extract, Colored with Beta Carotene, Citric Acid, Enzymes.

VITAMINS AND MINERALS: Calcium (as Calcium Carbonate from ground limestone and as Dicalcium Phosphate), Vitamin C (Ascorbic Acid), Iron (as Ferric Orthophosphate), Vitamin E (dl-Alpha-Tocopheryl Acetate), Zinc (as Zinc Oxide), Vitamin B5 (as d-Calcium Pantothenate), Vitamin B6 (Pyridoxine Hydrochloride), Beta-Carotene (as Vitamin A), Vitamin A Palmitate, Vitamin B9 (Folic Acid), Vitamin H (Biotin), Vitamin D3 (Cholecalciferol), Vitamin B12 (Cyanocobalamin).

CONTAINS EGG, MILK, SOY and WHEAT.
Manufactured in a shared facility that uses milk and tree nuts.

NUTRITIONAL FACTS

Vitalicious

(36) 2 oz. VitaTops Muffin Tops in 4 Flavors
Chocolate Chip

Nutrition Facts

Serving Size 1 VitaTop 55g (2 oz.)
Servings Per Container 4

Amount Per Serving:

Calories 120 Calories From Fat 30

% Daily Value*

Total Fat 3g 5%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 170mg 7%

Total Carbohydrate 25g 8%

Dietary Fiber 8g 32%

Insoluble Fiber 3g

Sugars 8g

Protein 5g 10%

Vitamin A 25%

Vitamin C 45%

Calcium 20% Iron 50%

Vitamin D 50% Vitamin E 50%

Thiamin 4% Riboflavin 10%

Niacin 4% Folic Acid 50%

Vitamin B12 50% Vitamin B6 50%

Pantothenic Acid 12.5%

Biotin 50% Zinc 50%

*Percent Daily Values (DV) are based on a 2000-calorie diet. Your daily values may be higher or lower depending on your calorie needs.

INGREDIENTS: Water, Egg Whites, Whole Wheat Flour, Chocolate Chips (Sugar, Chocolate Liquor, Cocoa Butter, Dextrose, Soy Lecithin [an emulsifier], Vanilla), Organic Sugar, Natural Chicory Fiber (Inulin), Wheat Flour, Cellulose, Fructose, Canola Oil, Glycerine, Wheat Protein Isolate, Leavening (Calcium Acid Pyrophosphate, Monocalcium Phosphate, Sodium Bicarbonate), Corn Starch, Soy Fiber, Applesauce, Wheat Gluten, Whey Protein Concentrate, Natural Flavor, Vitamins, Lecithin, Food Starch-Modified, Salt, Guar Gum, Xanthan Gum, Potassium Chloride, Maltodextrin, Natural Vanilla Flavor, Stevia Extract, Colored with Beta Carotene, Enzymes.

VITAMINS AND MINERALS: Calcium (as Calcium Carbonate from ground limestone and as Dicalcium Phosphate), Vitamin C (Ascorbic Acid), Iron (as Ferric Orthophosphate), Vitamin E (dl-Alpha-Tocopheryl Acetate), Zinc (as Zinc Oxide), Vitamin B5 (as d-Calcium Pantothenate), Vitamin B6 (Pyridoxine Hydrochloride), Beta-Carotene (as Vitamin A), Vitamin A Palmitate, Vitamin B9 (Folic Acid), Vitamin H (Biotin), Vitamin D3 (Cholecalciferol), Vitamin B12 (Cyanocobalamin).

CONTAINS: EGG, MILK, SOY AND WHEAT. Manufactured in a shared facility that uses milk and tree nuts.

NUTRITIONAL FACTS

Vitalicious

(36) 2 oz. VitaTops Muffin Tops in 4 Flavors
Deep Chocolate

Nutrition Facts

Serving Size 1 VitaTop 55g (2 oz.)

Servings Per Container 4

Amount Per Serving:

Calories 100 Calories From Fat 15

% Daily Value*

Total Fat 1.5g 2%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 140mg 6%

Potassium 150mg 4%

Total Carbohydrate 26g 9%

Dietary Fiber 9g 36%

Insoluble Fiber 6g

Sugars 11g

Protein 4g 8%

Vitamin A 50%

Vitamin C 50%

Calcium 20% Iron 50%

Vitamin D 50% Vitamin E 50%

Thiamin 4% Riboflavin 10%

Niacin 4% Folic Acid 50%

Vitamin B12 50% Vitamin B6 50%

Pantothenic Acid 12.5%

Biotin 50% Zinc 50%

*Percent Daily Values (DV) are based on a 2000-calorie diet. Your daily values may be higher or lower depending on your calorie needs.

INGREDIENTS: Water, Whole Wheat Flour, Organic Sugar, Egg Whites, Inulin, Chocolate Drops (Sugar, Unsweetened Chocolate, Cocoa Butter, Anhydrous Dextrose, Soy Lecithin, Salt, Natural Vanilla Extract), Cocoa Powder, Soy Fiber, Dried Honey, Wheat Gluten, Leavening (Potassium Bicarbonate, Sodium Acid Pyrophosphate), Tricalcium Phosphate, Lecithin, Chocolate Flavor, Sea Salt, Natural Flavor, Xanthan Gum, Natural Sweetener (Rebiana, Monk Fruit Extract).

VITAMINS AND MINERALS: Calcium (as Calcium Carbonate from ground limestone and as Dicalcium Phosphate), Vitamin C (Ascorbic Acid), Iron (as Ferric Orthophosphate), Vitamin E (dl-Alpha-Tocopheryl Acetate), Zinc (as Zinc Oxide), Vitamin B5 (as d-Calcium Pantothenate), Vitamin B6 (Pyridoxine Hydrochloride), Beta-Carotene (as Vitamin A), Vitamin A Palmitate, Vitamin B9 (Folic Acid), Vitamin H (Biotin), Vitamin D3 (Cholecalciferol), Vitamin B12 (Cyanocobalamin).

CONTAINS WHEAT, EGG AND SOY. Manufactured in a shared facility that uses milk and tree nuts.