

# Sprout Creek Bakery

## Nutrition Label

### Molasses Ginger Cookie 4oz

## Nutrition Facts

2 servings per container  
**Serving size**  
**1/2 cookie (57g/2 oz)**

**Calories 240**  
**per serving**

Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
<b>Total Fat</b> 11g	<b>14%</b>	<b>Total Carbohydrate</b> 31g	<b>11%</b>
Saturated Fat 6g	<b>29%</b>	Dietary Fiber 0g	<b>0%</b>
<i>Trans</i> Fat 0g		Total Sugars 17g	
<b>Cholesterol</b> 45mg	<b>14%</b>	Includes 9g Added Sugars	<b>18%</b>
<b>Sodium</b> 140mg	<b>6%</b>	<b>Protein</b> 4g	
Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 1.1mg 6% • Potassium 70mg 2%			

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Enriched Wheat Flour (wheat flour [Wheat], malted barley flour, niacin, iron (reduced), thiamine mononitrate, riboflavin, folic acid), Light Brown Sugar, Butter (cream [Milk], natural flavor), Liquid Whole Eggs (eggs [Egg], citric acid), Sugar, Shortening (palm oil and soy oil [Soy]), Molasses, Ground Ginger, Sodium Bicarbonate, Salt, Cinnamon

Contains: EGG, MILK, SOY, WHEAT

# Nutrition Label

## Cookie, Chocolate Chip 4oz

<h3 style="margin: 0;">Nutrition Facts</h3> <p style="margin: 0;">2 servings per container</p> <p style="margin: 0;"><b>Serving size</b> 1/2 cookie (57g/2 oz)</p> <p style="margin: 0;"><b>Calories 260</b> per serving</p>	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *	<p>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</p>
	Total Fat 13g	16%	Total Carbohydrate 34g	12%	
	Saturated Fat 6g	31%	Dietary Fiber 1g	4%	
	<i>Trans</i> Fat 0g		Total Sugars 20g		
Cholesterol 25mg	9%	Includes 0g Added Sugars	0%		
Sodium 150mg	7%	Protein 3g			
Vitamin D 0.1mcg 0% • Calcium 10mg 0% • Iron 1.2mg 6% • Potassium 20mg 0%					

INGREDIENTS: Unbleached, Enriched Wheat Flour (wheat flour (wheat), malted barley flour, niacin thiamine mononitrate, riboflavin, and folic acid), Chocolate Chips (Sugar, Unsweetened Chocolate, Cocoa Butter, Soy Lecithin, Vanilla Bean Seeds), Light Brown Sugar, Butter (cream (milk), natural flavors), Sugar, Shortening (Soybean (soy) and Palm), Enriched Bleached Cake Flour(wheat flour (wheat), niacin, iron, thiamin mononitrate, riboflavin, folic acid), Eggs (egg), Contains 2% or less of: Salt, Sodium Bicarbonate, Vanilla Emulsion (propylene glycol, water, corn syrup, vanillin, ethyl vanillin)

CONTAINS: EGG, MILK, SOY, WHEAT