



Glazed Cinnamon Roll

Net Weight 2.29oz (65g)

INGREDIENTS

Whey Protein Concentrate, Whey Protein Isolate, Collagen Hydrolysate, Almond Flour, Vegetable Margarine, Erythritol, Eggs, Tapioca Fiber, Brown Sugar, Cocoa Butter, Milk, Nonfat Dry Milk, Soy Lecithin, Water, Corn Syrup, Cinnamon Vanilla Flavor, Potassium Sorbate, Baking Soda, Baking Powder, Salt.

CONTAINS: MILK, EGG, SOY, ALMOND.

MANUFACTURED IN A FACILITY THAT ALSO PROCESSES:
WHEAT, PEANUTS, WALNUTS, PISTACHIO, SESAME, COCONUT.

Nutrition Facts

1 servings per container

Serving Size:

1 Brownie (65g)

Amount per Serving

Calories

220

% Daily Value

Total Fat 9g	12%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 280mg	12%
Total Carbohydrates 19g	7%
Dietary Fiber 2g	7%
Total Sugars 6g	
Includes 4g of Added Sugar	8%
Erythritol 10g	
Protein 19g	
Vitamin D	0%
Calcium	6%
Iron	8%
Potassium	10%

* Percent daily values are based on a 2,000 calorie diet

19G TOTAL CARBS - 2G FIBER - 10G SUGAR ALCOHOLS

= 7g Net Carbs



Birthday Cake Blondie

Net Weight 2.29oz (65g)

INGREDIENTS

Whey Protein Concentrate, Whey Protein Isolate, Hydrolyzed Collagen, Almond Flour, Vegetable Margarine, Erythritol, Eggs, Tapioca Fiber, Sugars (Brown Sugar, Corn Syrup), Cocoa Butter, Milk, Soy Lecithin, Sprinkles (Shellac, Gum Arabic, Allura Red, Tartrazine, Sunset Yellow FCF, Brilliant Blue FCF, Carnauba Wax, Natural & Artificial Flavor), Water, Potassium Sorbate, Baking Soda, Baking Powder, Salt.

CONTAINS: MILK, EGG, SOY, ALMOND.
MANUFACTURED IN A FACILITY THAT ALSO PROCESSES:
WHEAT, PEANUTS, WALNUTS, PISTACHIO, SESAME, COCONUT.

Nutrition Facts

1 servings per container

Serving Size: 1 Brownie (65g)

Amount per Serving

Calories 230

% Daily Value

Total Fat 11g 16%

Saturated Fat 8g 40%

Trans Fat 0g

Cholesterol 40mg 13%

Sodium 212mg 12%

Total Carbohydrates 18g 6%

Dietary Fiber 2g 7%

Total Sugars 6g

Includes 4g of Added Sugar 8%

Erythritol 10g

Protein 19g

Vitamin D 0%

Calcium 6%

Iron 6%

Potassium 12%

* Percent daily values are based on a 2,000 calorie diet

18G TOTAL CARBS – 2G FIBER – 10G SUGAR ALCOHOLS

= **6g Net Carbs**



Chocolate Cookie Monster

Net Weight 2.29oz (65g)

INGREDIENTS

Whey Protein Concentrate, Whey Protein Isolate, Collagen Hydrolysate, Almond Flour, Vegetable Margarine, Erythritol, Eggs, Tapioca Fiber, Brown Sugar, Sugar Free Chocolate Chips (Unsweetened Chocolate, Erythritol, Cocoa Butter, Stevia Extract, Sunflower Lecithin), Chocolate Cookie Pieces (Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin And Folic Acid], Cocoa [Processed With Alkali], Milk), Nonfat Dry Milk, Soy Lecithin, Water, Corn Syrup, Vanilla Flavor, Potassium Sorbate, Baking Soda, Baking Powder, Salt.

CONTAINS: MILK, EGG, WHEAT, SOY, ALMOND.

MANUFACTURED IN A FACILITY THAT ALSO PROCESSES:
PEANUTS, WALNUTS, PISTACHIO, SESAME, COCONUT.

Nutrition Facts

1 servings per container

Serving Size: **1 Brownie (65g)**

Amount per Serving

Calories 230

	% Daily Value
Total Fat 10g	13%
Saturated Fat 3g	16%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 270mg	12%
Total Carbohydrates 21g	7%
Dietary Fiber 2g	7%
Total Sugars 6g	
Includes 4g of Added Sugar	8%
Erythritol 9g	
Protein 19g	
Vitamin D	0%
Calcium	6%
Iron	8%
Potassium	7%

* Percent daily values are based on a 2,000 calorie diet

21G TOTAL CARBS – 2G FIBER – 9G SUGAR ALCOHOLS

=10g Net Carbs



Cookies & Cream Blondie

Net Weight 2.29oz (65g)

INGREDIENTS

Whey Protein Concentrate, Whey Protein Isolate, Collagen Hydrolysate, Almond Flour, Vegetable Margarine, Erythritol, Eggs, Tapioca Fiber, Brown Sugar, Cocoa Butter, Cocoa Powder, Chocolate Cookie Pieces (Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin and Folic Acid]), Milk, Nonfat Dry Milk, Soy Lecithin, Water, Corn Syrup, Vanilla Flavor, Potassium Sorbate, Baking Soda, Baking Powder, Salt.

CONTAINS: MILK, EGG, WHEAT, SOY, ALMOND.
MANUFACTURED IN A FACILITY THAT ALSO PROCESSES:
PEANUTS, WALNUTS, PISTACHIO, SESAME, COCONUT.

Nutrition Facts

1 servings per container

Serving Size: 1 Brownie (65g)

Amount per Serving

Calories 220

	% Daily Value
Total Fat 10g	13%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 45mg	14%
Sodium 250mg	11%
Total Carbohydrates 20g	7%
Dietary Fiber 1g	4%
Total Sugars 9g	
Includes 4g of Added Sugar	8%
Erythritol 7g	
Protein 19g	
Vitamin D	0%
Calcium	8%
Iron	3%
Potassium	6%

* Percent daily values are based on a 2,000 calorie diet

20G TOTAL CARBS – 1G FIBER – 7G SUGAR ALCOHOLS

= **12g Net Carbs**



Chocolate Glazed Donut

Net Weight 2.29oz (65g)

INGREDIENTS

Whey Protein Concentrate, Whey Protein Isolate, Collagen Hydrolysate, Almond Flour, Cocoa Powder, Vegetable Margarine, Erythritol, Eggs, Tapioca Fiber, Brown Sugar, Cocoa Butter, Milk, Nonfat Dry Milk, Soy Lecithin, Water, Corn Syrup, Chocolate Vanilla Flavor, Sugar Free Chocolate Chips (Unsweetened Chocolate, Erythritol, Cocoa Butter, Stevia Extract, Sunflower Lecithin), Potassium Sorbate, Baking Soda, Baking Powder, Salt.

CONTAINS: MILK, EGG, SOY, ALMOND.

MANUFACTURED IN A FACILITY THAT ALSO PROCESSES:
WHEAT, PEANUTS, WALNUTS, PISTACHIO, SESAME, COCONUT.

Nutrition Facts

1 servings per container

Serving Size: 1 Brownie (65g)

Amount per Serving

Calories 220

	% Daily Value
Total Fat 9g	12%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 280mg	12%
Total Carbohydrates 19g	7%
Dietary Fiber 2g	7%
Total Sugars 6g	
Includes 4g of Added Sugar	8%
Erythritol 10g	
Protein 19g	
Vitamin D	0%
Calcium	6%
Iron	8%
Potassium	10%

* Percent daily values are based on a 2,000 calorie diet

19G TOTAL CARBS - 2G FIBER - 10G SUGAR ALCOHOLS

= 7g Net Carbs



Cookie Dough

Net Weight 2.29oz (65g)

INGREDIENTS

Whey Protein Concentrate, Whey Protein Isolate, Collagen Hydrolysate, Almond Flour, Vegetable Margarine, Erythritol, Eggs, Tapioca Fiber, Brown Sugar, White Chocolate Chips (Sugar, Cocoa Butter, Milk, Nonfat Dry Milk, Soy Lecithin, Vanilla Flavor), Cookie Dough Pieces (Wheat Flour, Brown Sugar, Sugar, Sorbitol, Glycerin, Palm Oil), Semi-Sweet Chocolate Chips (Sugar, Chocolate Liquor, Cocoa Butter, Soy Lecithin, Corn Starch, Salt, Xanthan Gum), Natural Flavor, Potassium Sorbate, Baking Soda, Baking Powder, Salt.

CONTAINS: MILK, EGG, WHEAT, SOY, ALMOND.
MANUFACTURED IN A FACILITY THAT ALSO PROCESSES:
PEANUTS, WALNUTS, PISTACHIO, SESAME, COCONUT.

Nutrition Facts

1 servings per container

Serving Size: 1 Brownie (65g)

Amount per Serving

Calories 240

	% Daily Value
Total Fat 11g	14%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 40mg	17%
Sodium 270mg	12%
Total Carbohydrates 22g	7%
Dietary Fiber 2g	7%
Total Sugars 11g	
Includes 6g of Added Sugar	12%
Erythritol 7g	
Protein 19g	
Vitamin D	0%
Calcium	6%
Iron	8%
Potassium	4%

* Percent daily values are based on a 2,000 calorie diet

22G TOTAL CARBS – 2G FIBER – 7G SUGAR ALCOHOLS

= 13g Net Carbs



Banana Nut

Net Weight 2.29oz (65g)

INGREDIENTS

Whey Protein Concentrate, Whey Protein Isolate, Hydrolyzed Collagen, Almond Flour, Vegetable Margarine, Erythritol, Eggs, Tapioca Fiber, Brown Sugar, Walnut Pieces, Natural and Artificial Flavor, Soy Lecithin, Water, Corn Syrup, Potassium Sorbate, Baking Soda, Baking Powder, Salt.

CONTAINS: MILK, EGG, WALNUTS, SOY, ALMOND.
MANUFACTURED IN A FACILITY THAT ALSO PROCESSES:
WHEAT, PEANUTS, PISTACHIO, SESAME, COCONUT.

Nutrition Facts

1 servings per container

Serving Size: 1 Brownie (65g)

Amount per Serving

Calories 240

	% Daily Value
Total Fat 13g	15%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 260mg	11%
Total Carbohydrates 20g	7%
Dietary Fiber 2g	4%
Total Sugars 11g	
Includes 4g of Added Sugar	8%
Erythritol 7g	
Protein 19g	
Vitamin D	2%
Calcium	6%
Iron	4%
Potassium	4%

* Percent daily values are based on a 2,000 calorie diet

20G TOTAL CARBS - 2G FIBER - 7G SUGAR ALCOHOLS

=11g Net Carbs



Blueberry Cobbler

Net Weight 2.29oz (65g)

INGREDIENTS

Whey Protein Concentrate, Whey Protein Isolate, Collagen Hydrolysate, Almond Flour, Vegetable Margarine, Erythritol, Eggs, Tapioca Fiber, Brown Sugar, Graham Crackers (Unbleached Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Sugar, Molasses, Canola Oil, Palm Oil, Baking Soda, Salt), Nonfat Dry Milk, Soy Lecithin, Water, Corn Syrup, Natural Flavor, Potassium Sorbate, Baking Soda, Baking Powder, Salt.

CONTAINS: MILK, EGG, WHEAT, SOY, ALMOND.
MANUFACTURED IN A FACILITY THAT ALSO PROCESSES:
PEANUTS, WALNUTS, PISTACHIO, SESAME, COCONUT.

Nutrition Facts

1 servings per container

Serving Size: 1 Brownie (65g)

Amount per Serving

Calories 220

	% Daily Value
Total Fat 8g	10%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 240mg	10%
Total Carbohydrates 24g	8%
Dietary Fiber 5g	20%
Total Sugars 9g	
Includes 4g of Added Sugar	7%
Erythritol 11g	
Protein 19g	
Vitamin D	0%
Calcium	6%
Iron	8%
Potassium	7%

* Percent daily values are based on a 2,000 calorie diet

24G TOTAL CARBS – 5G FIBER – 11G SUGAR ALCOHOLS

= 8g Net Carbs



Peanut Butter Candy Crunch

Net Weight 2.29oz (65g)

INGREDIENTS

Whey Protein Concentrate, Whey Protein Isolate, Collagen Hydrolysate, Almond Flour, Vegetable Margarine, Erythritol, Eggs, Tapioca Fiber, Brown Sugar, Peanut Butter Candy Pieces (Sugar; Partially Defatted Peanuts; Partially Hydrogenated Vegetable Oil (Palm Kernel And Soybean Oil); Corn Syrup; Dextrose; Contains 2% Or Less Of: Artificial Color (Yellow 5 Lake; Red 40 Lake; Yellow 6 Lake; Blue 1 Lake, Cornstarch, Salt, Confectioner's Glaze, Lecithin (Soy), Carnauba Wax, Vanillin, Artificial Flavor, Milk), Unsalted Peanut Butter, Cocoa Butter, Milk, Nonfat Dry Milk, Soy Lecithin, Water, Corn Syrup, Vanilla Flavor, Potassium Sorbate, Baking Soda, Baking Powder, Salt.

CONTAINS: MILK, EGGS, PEANUT, SOY, ALMOND.

MAY CONTAIN: WHEAT, CASHEW, WALNUT, PECAN, COCONUT.

CONTAINS: MILK, EGG, SOY, ALMOND, PEANUTS.

MANUFACTURED IN A FACILITY THAT ALSO PROCESSES:
WHEAT, WALNUTS, PISTACHIO, SESAME, COCONUT.

Nutrition Facts

1 servings per container

Serving Size:

1 Brownie (65g)

Amount per Serving

Calories

250

% Daily Value

Total Fat 10g **13%**

Saturated Fat 3g **16%**

Trans Fat 0g

Cholesterol 35mg **12%**

Sodium 270mg **12%**

Total Carbohydrates 21g **7%**

Dietary Fiber 2g **7%**

Total Sugars 6g

Includes 4g of Added Sugar **8%**

Erythritol 9g

Protein 19g

Vitamin D **0%**

Calcium **6%**

Iron **8%**

Potassium **7%**

* Percent daily values are based on a 2,000 calorie diet

22G TOTAL CARBS – 1G FIBER – 7G SUGAR ALCOHOLS

= 14g Net Carbs