

NUTRITIONAL FACTS

MINI BLUEBERRY BAGEL

MINI BLUEBERRY BAGEL

Nutrition Facts	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
	Total Fat 0.5g		1%	Total Carbohydrate 37g
Saturated Fat 0g		0%	Dietary Fiber 1g	4%
Trans Fat 0g			Total Sugars 8g	
Cholesterol 0mg		0%	Includes 8g Added Sugars	16%
Sodium 290mg		13%	Protein 5g	
Calories per serving 170	Vitamin D 0mcg 0% • Calcium 13mg 2% • Iron 0mg 0% • Potassium 49mg 2%			

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR), WATER, BLUEBERRY BITES (SUGAR, WHEAT FLOUR, BLUEBERRY SOLIDS, SUNFLOWER OIL, WHEAT STARCH, DEXTROSE, COLORED WITH FRUIT JUICE, NATURAL FLAVORS (WONF), SODIUM BICARBONATE), SUGAR, DRY SWEETENED BLUEBERRY (SUGAR, SUNFLOWER OIL), WHEAT STARCH, CONTAINS LESS THAN 2% OF EACH OF THE FOLLOWING: SALT, YEAST, MOLASSES, CULTURED WHEAT STARCH, NATURAL FLAVORS, NATURAL DRIED BLUEBERRIES, MALTED BARLEY FLOUR, ASCORBIC ACID ADDED AS A DOUGH CONDITIONER, XANTHAN GUM, CORN PROTEIN.

CONTAINS: Wheat.

Made in a facility that uses Milk, Sesame, Wheat

Net Weight 4.5lbs.

NUTRITIONAL FACTS

MINI EVERYTHING BAGEL

MINI EVERYTHING BAGEL

Nutrition Facts	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
	Total Fat 0g		0%	Total Carbohydrate 30g
Saturated Fat 0g		0%	Dietary Fiber 1g	4%
Trans Fat 0g			Total Sugars 3g	
Cholesterol 0mg		0%	Includes 3g Added Sugars	6%
Sodium 340mg		15%	Protein 4g	
Calories per serving	150	Vitamin D 0mcg 0% • Calcium 21mg 2% • Iron 2mg 10% • Potassium 61mg 2%		

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (wheat flour, malted barley flour), water, sugar, contains less than 2% of each of the following: salt, sesame seeds, poppy seeds, dehydrated onion, dehydrated garlic, wheat flour, molasses, yeast, cultured wheat starch, enzymes, malted barley flour, ascorbic acid added as a dough conditioner, xanthan gum, corn protein.

CONTAINS: Wheat.

Made in a facility that uses Milk, Sesame, Wheat

2oz per Bagel / Total Net Wt: 72oz / 4.5lbs

NUTRITIONAL FACTS

MINI PLAIN BAGEL

MINI PLAIN BAGEL

Nutrition Facts	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
	12 servings per container	Total Fat 0g	0%	Total Carbohydrate 31g
Serving size	Saturated Fat 0g	0%	Dietary Fiber 1g	4%
1 Bagel 2oz (57gr)	Trans Fat 0g		Total Sugars 4g	
Calories	Cholesterol 0mg	0%	Includes 3g Added Sugars	6%
per serving	Sodium 290mg	13%	Protein 5g	
140	Vitamin D 0mcg 0% • Calcium 13mg 2% • Iron 0mg 0% • Potassium 45mg 0%			

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR), WATER, SUGAR, CONTAINS LESS THAN 2% OF EACH OF THE FOLLOWING: SALT, WHEAT FLOUR, MOLASSES, YEAST, CULTURED WHEAT STARCH, ENZYMES, MALTED BARLEY FLOUR, ASCORBIC ACID ADDED AS A DOUGH CONDITIONER, XANTHAN GUM, CORN PROTEIN.

CONTAINS: Wheat.

Made in a facility that uses Milk, Sesame, Wheat

Net Weight 4.5lbs.

FRENCH TOAST BAGELS /2oz

Nutrition Facts	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
	72 servings per container	Total Fat 0g	0%	Total Carbohydrate 32g
Serving size 1 Bagel 2oz (57gr)	Saturated Fat 0g	0%	Dietary Fiber 4g	14%
Calories per serving	Trans Fat 0g		Total Sugars 5g	
	Cholesterol 0mg	0%	Includes 5g Added Sugars	10%
150	Sodium 270mg	12%	Protein 4g	
	Vitamin D 0mcg 0% • Calcium 22mg 2% • Iron 2mg 10% • Potassium 56mg 2%			
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>				

INGREDIENTS: FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR), WATER, MAPLE (SUGAR, WHEAT FLOUR, SUNFLOWER OIL, NATURAL FLAVOR [WONF], DEXTROSE), SUGAR, CONTAINS LESS THAN 2% OF EACH OF THE FOLLOWING: SALT, WHEAT FLOUR, YEAST, MOLASSES, CINNAMON, CARAMEL COLOR, CULTURED WHEAT STARCH, MALTED BARLEY FLOUR, ENZYMES, ASCORBIC ACID ADDED AS A DOUGH CONDITIONER, XANTHAN GUM, CORN PROTEIN.

CONTAINS: Wheat.

Made in a facility that uses Wheat, Milk, Sesame Seeds

4oz per Bagel - Total Net Wt: 96 oz / 4 lbs

BAGELS AIN'T BAGELS[®]
UNLESS THEY'RE
JUST BAGELS