

# NUTRITIONAL FACTS

THE PRETZEL CO.

## 4.5oz Pretzel Braid / Bowtie

**Nutrition Facts** Servings: Varied, **Serv. Size: 1 Pretzel (117g)**, Amount  
Per Serving: **Calories 300**, **Total Fat** 4g (5% DV), Sat. Fat 0g (0% DV), *Trans*  
Fat 0g, **Cholest.** 0mg (0% DV), **Sodium** 380mg (17% DV), **Total Carb.** 56g  
(20% DV), Fiber 2g (7% DV), Total Sugars 2g (Incl. 2g Added Sugars, 4% DV),  
**Protein** 9g, Vit. D (0% DV), Calcium (2% DV), Iron (20% DV), Potas. (2% DV).

INGREDIENTS: ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, ENZYME, FOLIC ACID), WATER, CANOLA OIL, LESS THAN 2% OF: BROWN CANE SUGAR, FERMENTED WHEAT FLOUR, ENZYMES, YEAST

CONTAINS: WHEAT

MANUFACTURED BY: THE PRETZEL COMPANY - 75 ABERDEEN ROAD YORK, PA 17406