

# NUTRITIONAL FACTS

LONOLIFE

## Chicken Bone Broth: 4 pack

<b>Nutrition Facts</b>	
4 servings per container	
<b>Serving size</b>	
<b>1 stick pack (16g)</b>	
<hr/>	
<b>Amount per serving</b>	
<b>Calories</b>	<b>50</b>
<hr/>	
	<b>% Daily Value*</b>
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 700mg	<b>29%</b>
<b>Total Carbohydrate</b> 3g	<b>1%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 10g	<b>20%</b>
<hr/>	
<small>Not a significant source of vitamin D, calcium, iron, and potassium</small>	

### Ingredients:

Chicken bone broth, chicory root, yeast extract, salt, natural flavors, black pepper, sage, thyme

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## Beef Bone Broth: 4 Pack

<b>Nutrition Facts</b>	
4 servings per container	
<b>Serving size</b>	
<b>1 stick pack (15g)</b>	
<b>Amount per serving</b>	
<b>Calories</b>	<b>50</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 1g	<b>2%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> less than 5mg	<b>2%</b>
<b>Sodium</b> 550mg	<b>23%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 10g	<b>20%</b>
Not a significant source of vitamin D, calcium, iron, and potassium	

### Ingredients:

beef collagen, chicory root, beef, salt, yeast extract, natural flavors, spices

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## Lemon Pepper Chicken

### BOLD FLAVOR

Awaken your taste buds with bone broth how it ought to be: temptingly tasty, expertly crafted, and protein packed. Our easy, craveable stick packs bring you bold flavor without the hassle. Here's to sipping wherever and whenever.

LONO

#### Nutrition Facts

4 servings per container

**Serving Size** 1 stick (13g)

Amount Per Serving

**Calories** 45

% Daily Value\*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 500mg 25%

Total Carbohydrate 0g 0%

Dietary Fiber 0g 0%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 10g

Vitamin D 0µg 0%

Calcium 9mg 0%

Iron 0.56mg 4%

Potassium 300mg 8%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



#### LEMON PEPPER CHICKEN

Get homey and cozy with our lemon-bright, pepper-spiced, slow-simmered chicken bone broth. Boldly seasoned with lemon, black pepper and thyme, any craving is made better with this mouth-watering combo.

#### INGREDIENTS

chicken bone broth, natural flavor, lemon oil, sea salt, yeast extract, black pepper, thyme

#### MANUFACTURED FOR LONOLIFE™

432 W 2nd Ave  
Columbus, OH 43201  
855-843-8566

# NUTRITIONAL FACTS

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## Tomato Beef

### Nutrition Facts

4 servings per container

**Serving size**

**1 stick pack (15g)**

Amount per serving

**Calories** **50**

% Daily Value\*

**Total Fat** 1g **2%**

Saturated Fat 0g **0%**

*Trans Fat* 0g

**Cholesterol** less than 5mg **2%**

**Sodium** 520mg **22%**

**Total Carbohydrate** 0g **0%**

Dietary Fiber 0g **0%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

**Protein** 8g **0%**

Vitamin D 0mcg **0%**

Calcium 29mg **2%**

Iron 1mg **6%**

Potassium 300mg **6%**

Not a significant source of vitamin A, vitamin C, calcium, and iron

### INGREDIENTS

Collagen, tomato powder, dry beef, yeast extract, natural flavors, salt, beet juice powder, black pepper

# NUTRITIONAL FACTS

LONOLIFE

Thai

## Nutrition Facts

4 servings per container

**Serving size**

**1 stick pack (14g)**

Amount per serving

**Calories**

**50**

% Daily Value\*

<b>Total Fat</b> 1g	<b>2%</b>
Saturated Fat 0g	<b>0%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> less than 5mg	<b>1%</b>
<b>Sodium</b> 410mg	<b>17%</b>
<b>Total Carbohydrate</b> less than 1g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 10g	<b>20%</b>

Not a significant source of vitamin A, vitamin C, calcium, and iron

## INGREDIENTS

beef collagen, beef, salt, curry powder, yeast extract, coconut flavor, natural flavors, ginger, spices