



POTATO PIEROGI A Simple and Delicious Classic

Nutrition Facts		Amount/Serving	% Daily Value	Amount/Serving	% Daily Value
		Total Fat 4g	6%	Total Carbohydrate 42g	14%
		Saturated Fat 1.5g	8%	Dietary Fiber 2g	8%
		Trans Fat 0g		Total Sugars 7g	
About 7 servings per 20 count bag		Cholesterol 0mg	0%	Incl. Og Added Sugars	0%
Serving size 3 Pierogi (99g)		Sodium 330mg	14%	Protein 7g	
Calories per serving 230		Vitamin D 0mcg	0%	• Calcium 56mg	6%
		Iron 3mg	15%	• Potassium 321mg	7%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

POTATO BACON CHEDDAR For Bacon Lovers

Nutrition Facts		Amount/Serving	% Daily Value	Amount/Serving	% Daily Value
		Total Fat 7g	11%	Total Carbohydrate 32g	10%
		Saturated Fat 3.5g	17%	Dietary Fiber 3g	12%
		Trans Fat 0g		Total Sugars 5g	
About 7 servings per 20 count bag		Cholesterol 13mg	4%	Incl. Og Added Sugars	0%
Serving size 3 Pierogi (99g)		Sodium 390mg	17%	Protein 8g	
Calories per serving 225		Vitamin D 0mcg	0%	• Calcium 105mg	11%
		Iron 1.5mg	8%	• Potassium 234mg	5%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Potatoes, Wheat Flour (wheat flour enriched [niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid] malted barley flour), Dehydrated Potatoes, Water, Milk (grade A milk and vitamin D3), Eggs, Cream Cheese (pasteurized milk and cream, cheese culture), Sour Cream (cultured cream, enzymes), Soybean Oil, Salt, Black Pepper.

CONTAINS: Wheat, Eggs, Milk, and Soy Ingredients.

INGREDIENTS: Wheat Flour (wheat flour enriched [niacin, reduced iron thiamine mononitrate, riboflavin, folic acid], malted barley flour), Potatoes Cheese (pasteurized milk, cheese culture, salt, enzymes, annatto coloring cellulose), Bacon (cured with water, salt, sugar, sodium phosphates, sodium erythorbate, sodium nitrite), Dehydrated potatoes (potatoes, mono and diglycerides, sodium acid pyrophosphate and citric acid), Water, Eggs Soybean Oil, Vinegar, Salt, Black Pepper.

CONTAINS: Wheat, Eggs, Milk, and Soy Ingredients.



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