

# New England Double Clam Chowder



## ROGER'S DOUBLE CLAM CHOWDER (18 oz.)

KEEP FROZEN. BEST WHEN CONSUMED WITHIN 30 DAYS OF DELIVERY.

Nutrition Facts	
About 2.5 servings per container	
Serving size 8 oz. (245g)	
Amount per serving	
<b>Calories</b>	<b>310</b>
<small>% Daily Value*</small>	
<b>Total Fat</b> 19g	24%
Saturated Fat 11g	55%
<i>Trans Fat</i> 0g	
<b>Cholesterol</b> 105mg	35%
<b>Sodium</b> 980mg	43%
<b>Total Carbohydrate</b> 13g	5%
Dietary Fiber 1g	4%
Total Sugars 3g	
Includes 0g Added Sugars 0%	
<b>Protein</b> 14g	
Vitamin D 1mcg	4%
Calcium 141mg	10%
Iron 3mg	15%
Potassium 233mg	4%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Clams, Clam Broth (Water, Clam Broth, Maltodextrin), Heavy Cream, Whole Milk (Milk, Vitamin D3), Onions, Potatoes, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Butter (Cream, Salt), Salt Pork (Pork, Water, Salt, Sodium Nitrate), Garlic, Fish Base (Cooked Whitefish [Codfish], Salt, Butter [Pasteurized Cream, Salt], Rice Flour, Onion Powder, Natural Flavoring), Corn Starch, Sea Salt, Spices, Hot Sauce (Distilled Vinegar, Red Pepper, Salt), Worcestershire Sauce (Water, Vinegar, Tamari [Water, Soybeans, and Salt], Sugar, Salt, Garlic Powder, Onion Powder, and Spices), Nisin.

*Contains: Fish (Cod), Milk, Soy, and Wheat*

*Produced in a facility that processes fish, shellfish, milk, soy, wheat, egg, peanuts, and tree nuts.*

**Handling and Cooking Instructions:**

Thaw under refrigeration. Empty contents of container into a heavy saucepan. Bring to a simmer over medium-low heat, stirring occasionally, until hot (165°F). Do not boil.

Visit [RogersFishCo.com](http://RogersFishCo.com) for seafood handling instructions, fish facts, recipes, and inspiration!

LOT CODE

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# Manhattan Clam Chowder w/Chorizo

## 18 oz. Manhattan Clam Chowder w/ Chorizo

<b>Nutrition Facts</b>	
About 2.5 servings per container	
Serving size	1 cup (245g)
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>120</b>
% Daily Value*	
<b>Total Fat</b> 3.5g	4%
Saturated Fat 1g	5%
Trans Fat 0g	
<b>Cholesterol</b> 20mg	7%
<b>Sodium</b> 760mg	33%
<b>Total Carbohydrate</b> 13g	5%
Dietary Fiber 2g	7%
Total Sugars 3g	
Includes <1g Added Sugars	1%
<b>Protein</b> 8g	
Vitamin D 0mcg	0%
Calcium 42mg	4%
Iron 2mg	10%
Potassium 180mg	4%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

### **MANHATTAN CLAM CHOWDER WITH CHORIZO INGREDIENTS:**

Clam Broth (Water, Clam Broth, Maltodextrin), Tomatoes (Tomatoes, Tomato Puree, Salt, Citric Acid), Clams, Onions, Potatoes, Celery, Carrots, Peppers, Chorizo (Pork, Seasoning [Salt, Paprika, Spices, Brown Sugar, Garlic, Natural Cure {Celery Powder, Sea Salt}], Water), White Wine (Wine, Salt), Extra Virgin Olive Oil, Garlic, Sea Salt, Spices, Modified Food Starch, Nisin.

*Contains: Wine, which has naturally occurring sulfites.*