

NUTRITIONAL FACTS

DOZY OATS

Flavor: Cinnamon & Brown Sugar

Nutrition Facts	
1 Serving Per Container	
Serving Size	1 Package
	(75g)
Amount Per Serving	
Calories	290
	% Daily Value *
Total Fat 7g	9%
Saturated Fat 1g	4%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrates 50g	18%
Dietary Fiber 9g	32%
Total Sugars 12g	
Includes 11g Added Sugars	23%
Protein 9g	
Vitamin D 0mcg	0%
Calcium 50mg	4%
Iron 2.3mg	15%
Potassium 200mg	4%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients: Rolled Oats, Brown Cane Sugar, Chia Seeds, Cinnamon

