

# NUTRITIONAL FACTS

FABIO VIVIANI

# Fabio Viviani

Keep Frozen

To prepare, bring water to a gentle boil & cook 9-12 minutes or until tender

## *Jumbo Porcini Mushroom Round Ravioli*

<b>Nutrition Facts</b>			
3 servings per container			
<b>Serving size</b>		<b>1 cup (125g)</b>	
	per cup	per serving	
<b>Calories</b>	<b>270</b>	<b>800</b>	
	% Daily Value*	% Daily Value*	
<b>Total Fat</b>	8g 10%	22g	28%
Saturated Fat	4.5g 23%	13g	65%
Trans Fat	0g	0g	
<b>Cholesterol</b>	35mg 12%	95mg	32%
<b>Sodium</b>	240mg 10%	720mg	31%
<b>Total Carbohydrate</b>	39g 14%	116g	42%
Dietary Fiber	3g 11%	10g	36%
Total Sugars	0g	1g	
Includes Added Sugars	0g 0%	0g	0%
<b>Protein</b>	12g	34g	
Vitamin D	0mcg 0%	0mcg	0%
Calcium	120mg 10%	355mg	25%
Iron	2mg 10%	6mg	35%
Potassium	389mg 8%	1148mg	25%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: RICOTTA IMPASTATA CHEESE (WHOLE MILK, VINEGAR, SALT), ENRICHED DURUM WHEAT FLOUR (DURUM FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), PORCINI MUSHROOMS, WATER, MUSHROOMS, ONIONS, EGGS, PECORINO ROMANO CHEESE ([PASTEURIZED SHEEP'S OR COW'S MILK, CULTURES, RENNET, SALT], CORN STARCH AND POWDERED CELLULOSE TO PREVENT CAKING), SHERRY COOKING WINE (SHERRY WINE, SALT, POTASSIUM SORBATE AND POTASSIUM METABISULFITE [PRESERVATIVES]), DOUGH MIX (YELLOW CORN FLOUR, SOYBEAN OIL, APOCAROTENAL [COLOR] BETA CAROTENE [COLOR]), BUTTER (PASTEURIZED CREAM, SALT), SALT, GARLIC, SPICE.

Contains Egg, Milk, Wheat.

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## *Jumbo Tomato Basil Round Ravioli*

<b>Nutrition Facts</b>				
3 servings per container				
<b>Serving size</b>		<b>1 cup (125g)</b>		
<b>Calories</b>	per serving		per container	
	<b>230</b>		<b>670</b>	
	% Daily Value*		% Daily Value*	
<b>Total Fat</b>	6g	8%	18g	23%
Saturated Fat	3.5g	18%	11g	55%
Trans Fat	0g		0g	
<b>Cholesterol</b>	30mg	10%	80mg	27%
<b>Sodium</b>	270mg	12%	810mg	35%
<b>Total Carbohydrate</b>	32g	12%	93g	34%
Dietary Fiber	2g	7%	6g	21%
Total Sugars	1g		4g	
Includes Added Sugars	0g	0%	0g	0%
<b>Protein</b>	10g		30g	
<b>Vitamin D</b>	0mcg	0%	0mcg	0%
<b>Calcium</b>	118mg	10%	349mg	25%
<b>Iron</b>	2mg	10%	8mg	35%
<b>Potassium</b>	192mg	4%	568mg	10%

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INGREDIENTS: ENRICHED DURUM WHEAT FLOUR (DURUM FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), TOMATOES (DICED TOMATOES, TOMATO JUICE, SALT, CALCIUM CHLORIDE, CITRIC ACID), RICOTTA IMPASTATA CHEESE (WHOLE MILK, VINEGAR, SALT), WATER, MOZZARELLA CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, POWDERED CELLULOSE [TO PREVENT CAKING]), GROUND TOMATOES (TOMATOES, SALT, CITRIC ACID), EGGS, PECORINO ROMANO CHEESE ((PASTEURIZED SHEEP'S OR COW'S MILK, CULTURES, RENNET, SALT), CORN STARCH AND POWDERED CELLULOSE TO PREVENT CAKING), DOUGH MIX (YELLOW CORN FLOUR, SOYBEAN OIL, APOCAROTENAL [COLOR] BETA CAROTENE [COLOR]), SALT, GARLIC, BASIL.

Contains Egg, Milk, Wheat.

# NUTRITIONAL FACTS

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## *Jumbo Quattro Formaggio Round Ravioli*

<b>Nutrition Facts</b>			
3 servings per container			
<b>Serving size</b>		<b>1 cup (125g)</b>	
	per serving	per container	
<b>Calories</b>	<b>300</b>	<b>900</b>	
	% Daily Value*	% Daily Value*	
<b>Total Fat</b>	13g 17%	38g	49%
Saturated Fat	8g 40%	23g	115%
Trans Fat	0g	0g	
<b>Cholesterol</b>	50mg 17%	150mg	50%
<b>Sodium</b>	390mg 17%	1160mg	50%
<b>Total Carbohydrate</b>	30g 11%	90g	33%
Dietary Fiber	2g 7%	6g	21%
Total Sugars	0g	1g	
Includes Added Sugars	0g 0%	0g	0%
<b>Protein</b>	16g	47g	
Vitamin D	0mcg 0%	0mcg	0%
Calcium	270mg 20%	799mg	60%
Iron	2mg 10%	6mg	35%
Potassium	141mg 4%	415mg	8%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: RICOTTA IMPASTATA CHEESE (WHOLE MILK, VINEGAR, SALT), ENRICHED DURUM WHEAT FLOUR (DURUM FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, MOZZARELLA CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, POWDERED CELLULOSE [TO PREVENT CAKING]), PECORINO ROMANO CHEESE ([PASTEURIZED SHEEP'S OR COW'S MILK, CULTURES, RENNET, SALT], CORN STARCH AND POWDERED CELLULOSE TO PREVENT CAKING), PARMESAN CHEESE ([PASTEURIZED PART-SKIM MILK, CHEESE CULTURES, SALT, ENZYMES], POWDERED CELLULOSE ADDED TO PREVENT CAKING, NATAMYCIN [A NATURAL MOLD INHIBITOR]), EGGS, DOUGH MIX (YELLOW CORN FLOUR, SOYBEAN OIL, APOCAROTENAL [COLOR] BETA CAROTENE [COLOR]), SALT.

Contains Egg, Milk, Wheat.