

NUTRITIONAL FACTS

BRAND NAME

Jingle, Joy and Love Popcorn Giftset

Jingle Popcorn Kernel Jar



Nutrition Facts

servings per container 20
Serving Size 3 tbsp (39g)

Amount Per Serving

Calories: 110

	%Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	0%
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 22g	8%
Dietary Fiber 4g	14%
Sugars 0g	
Protein 3g	
Vitamin D 0mcg	0%
Calcium 2mg	0%
Iron 1mg	6%
Potassium 79mg	2%

* The % Daily Value tells you how a nutrient in a serving of food contributes to a daily diet. 2,000 calorie a day is used for general nutrition advice.

INGREDIENTS: POPCORN

NUTRITIONAL FACTS

BRAND NAME

Joy Popcorn Kernel Jar

Nutrition Facts	
servings per container	20
Serving Size	3 tbsp (39g)
Amount Per Serving	
Calories: 110	
	%Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	0%
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 22g	8%
Dietary Fiber 4g	14%
Sugars 0g	
Protein 3g	
Vitamin D 0mcg	0%
Calcium 2mg	0%
Iron 1mg	6%
Potassium 79mg	2%
<small>* The % Daily Value tells you how a nutrient in a serving of food contributes to a daily diet. 2,000 calorie a day is used for general nutrition advice.</small>	
INGREDIENTS: POPCORN	

NUTRITIONAL FACTS

BRAND NAME

Love Popcorn Kernel Jar

Nutrition Facts	
servings per container	20
Serving Size	3 tbsp (39g)
Amount Per Serving	
Calories: 110	
	%Daily Value*
Total Fat 1g	1%
<i>Saturated Fat</i> 0g	0%
<i>Trans Fat</i> 0g	0%
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 22g	8%
Dietary Fiber 4g	14%
Sugars 0g	
Protein 3g	
Vitamin D 0mcg	0%
Calcium 2mg	0%
Iron 1mg	6%
Potassium 79mg	2%
<small>* The % Daily Value tells you how a nutrient in a serving of food contributes to a daily diet. 2,000 calorie a day is used for general nutrition advice.</small>	
INGREDIENTS: POPCORN	