

# NUTRITIONAL FACTS

COYOTE SONG FARMS

## Macadamia Nuts Raw

### Nutrition Facts

Serving Size (30g)

Servings Per Container 8

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**Amount Per Serving**

**Calories 220** Calories from Fat 210

**% Daily Values\***

**Total Fat 18g** **28%**

Saturated Fat 3g **15%**

Trans Fat 0g

**Cholesterol 0mg** **0%**

**Sodium 7mg** **0%**

**Total Carbohydrate 5g** **2%**

Dietary Fiber 3g **12%**

Sugars 1g

**Protein 2g** **4%**

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Calcium 2% ● Iron 4%

\*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

### Ingredients

Macadamia Nuts.

Product of China or Australia.

One bag contains about 150-160 pieces.

### Allergen Information

Manufactured on shared equipment with peanuts, soybeans, tree nuts, milk, eggs, wheat and whey.