

NUTRITIONAL FACTS

WABASH VALLEY FARMS

Night At The Movies Gift Set

Twizzlers

Nutrition Facts	
about 5 servings per container	
Serving size 4 pieces (28g)	
Amount per serving	
Calories	100
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 60mg	3%
Total Carbohydrate 22g	8%
Dietary Fiber 0g	0%
Total Sugars 13g	
Includes 13g Added Sugars	26%
Protein <1g	
Vitamin D 0mg	0%
Iron 0.3mg	0%
Calcium 0mg	0%
Potassium 10mg	0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CORN SYRUP, ENRICHED WHEAT FLOUR, FLOUR, YEAST, FERROUS SULFATE, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID, SUGAR COPOLYMER, CONTAINS 2% OR LESS OF: PALM OIL, SALT, ARTIFICIAL FLAVOR, CITRIC ACID, ARTIFICIAL COLOR (RED 40), MINERAL OIL, LECITHIN (SOY). ©

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NUTRITIONAL FACTS

WABASH VALLEY FARMS

Microwave Popcorn

Nutrition Facts	
Serving size	(40g)
Amount Per Serving	
Calories	140
<small>% Daily Value*</small>	
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 30mg	1%
Total Carbohydrate 36g	13%
Dietary Fiber 0g	0%
Total Sugars 25g	
Includes 0g Added Sugars	0%
Protein 0g	0%
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%
Vitamin A	0%
Vitamin C	0%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

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WABASH VALLEY FARMS

Mike & Ikes

Nutrition Facts	
Serving size	1 oz (30g)
Servings per container: 3	
Amount per serving	
Calories	150
	% Daily Value*
Total Fat 9g	12%
Saturated Fat 8g	40%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 140mg	6%
Total Carbohydrate 16g	6%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 11mg	0%
Iron 1mg	6%
Potassium 49mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	
<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>	
INGREDIENTS: CORN, COCONUT OIL, SALT (SALT, FD&C YELLOW #5 LAKE, NATURAL AND ARTIFICIAL FLAVOR, FD&C YELLOW #6 LAKE), ARTIFICIAL BUTTER FLAVOR, BETA CAROTENE (COLOR)	

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WABASH VALLEY FARMS

Popped Popcorn

Nutrition Facts	
Serving Size 27.33 g	
Servings Per Container 3	
Amount Per Serving	
Calories 130	Calories from Fat 70
% Daily Value*	
Total Fat 8g	12%
Saturated Fat 2g	10%
Trans Fat 3g	
Cholesterol 0mg	0%
Sodium 270mg	11%
Total Carbohydrate 14g	5%
Dietary Fiber 3g	10%
Sugars 0g	
Protein 2g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 4%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carb	300g 375g
Dietary Fiber	25g 30g
Ingredients: Popcorn, Partially Hydrogenated Soybean oil, Salt, Natural and Artificial Flavor, Annatto color	

NUTRITIONAL FACTS

WABASH VALLEY FARMS

Sour Jacks

	Sour Jacks
Nutrition Facts	
Serving Size	18 pieces (40g)
Servings Per Container	About 2.5
Amount Per Serving	
Calories 130	Calories from Fat 0
% Daily Value	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 40mg	2%
Total Carbohydrate 33g	11%
Dietary Fiber 0g	0%
Sugars 20g	
Protein 0g	
Vitamin A	Vitamin C
Calcium	Iron
<small>*Percent Daily Values are based on a 2,000 calorie diet.</small>	