

NUTRITIONAL FACTS

THE KANSAS CITY STEAK COMPANY

4 (12oz) Gift Boxed Kansas City Strips

Nutrition Facts	
Serving size	4 oz
Amount Per Serving	
Calories	250
% Daily Value*	
Total Fat 18g	23%
Saturated Fat 7g	35%
<i>Trans</i> Fat 0g	
Cholesterol 75mg	25%
Sodium 60mg	3%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 22g	44%
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 1.8mg	10%
Potassium 0mg	0%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Ingredients: Mechanically Tenderized Beef

NUTRITIONAL FACTS

THE KANSAS CITY STEAK COMPANY

4 (10oz) Gift Boxed Boneless Ribeyes

Nutrition Facts	
Serving size	4 oz
Amount Per Serving	
Calories	260
	% Daily Value*
Total Fat 19g	24%
Saturated Fat 8g	40%
<i>Trans</i> Fat 1g	
Cholesterol 85mg	28%
Sodium 55mg	2%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 22g	44%
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 1.8mg	10%
Potassium 0mg	0%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients: Mechanically Tenderized Beef

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THE KANSAS CITY STEAK COMPANY

2 Original Steak Seasoning Packets

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THE *Kansas City* STEAK COMPANY

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ORIGINAL
TASTE. IT MATTERS.
STEAK SEASONING

Our seasoning mixture is a delicious combination of spices that enhances the flavor of your steaks, prime rib, roasts, steakhamburgers and chicken.

Bring meat to room temperature. Sprinkle on seasoning to taste. Sear over maximum heat. On charcoal grill: 1 minute each side. On gas grill: 2 minutes each side. Reduce heat to medium. Grill to taste.

RARE 120° F - 130° F 7 MIN. > FLIP, 7 MIN.	MED. RARE 130° F - 140° F 9 MIN. > FLIP, 7 MIN.	MEDIUM 140° F - 150° F 9 MIN. > FLIP, 9 MIN.
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We recommend using a cooking thermometer to accurately measure the internal temperature.

CHARCOAL PREPARATION

- ★ Mound charcoal, ignite using a lighter or an electric starter.
- ★ Allow charcoal to burn until it is completely gray which assures your fire is at maximum heat.
- ★ Close or cover the grill while grilling but leave all air vents open.
- ★ The ideal distance between the grill and charcoal is 3 inches. If your grill cannot be adjusted, it may be necessary to alter grilling times shown.

Nutrition Facts
Serving Size 1/4 tsp (0.8g)
Servings: About 35

Amount Per Serving	
Calories 0	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Sodium 200mg	8%
Total Carbohydrate 0g	0%
Protein 0g	

*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: SALT, SPICES, DEHYDRATED GARLIC, TRICALCIUM PHOSPHATE (ANTI-CAKE).

Distributed by: The Kansas City Steak Company, Kansas City, KS 66106
kansascitysteaks.com 800 524 1844

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STEAK SEASONING

NET WT. 1 oz. (28g)