

NUTRITIONAL FACTS

FARMER JON'S

20 Pack Microwave Popcorn

OLD FASHIONED WHITE

Nutrition Facts	
About 3 Servings per Container	
Serving Size	3 Tbsp (33g)
Amount per Serving	
Calories	140
% Daily Value*	
Total Fat 8g	10%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 250mg	11%
Total Carbohydrates 16g	6%
Dietary Fiber 4g	14%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 1 mg	5%
Potassium 65 mg	1%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.	

INGREDIENTS:
White Popcorn,
Palm Oil, Salt