

NUTRITIONAL FACTS

FARMER JON'S

Virtually Hulled Popcorn Kernel Assortment (4 lb)

Yellow and White

Nutrition Facts	
About 47 Servings per Container	
Serving Size	3 Tbsp (39g)
Amount per Serving	
Calories	110
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 10mg	0%
Total Carbohydrates 27g	9%
Dietary Fiber 7g	28%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 4g	
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 1 mg	6%
Potassium 31 mg	1%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.	

INGREDIENTS:
WHITE POPCORN

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YELLOW POPCORN