

# NUTRITIONAL FACTS

GERMACK PISTACHIO COMPANY

## Sweet Apple Orchard

### Nutrition Facts

15 Servings Per Container

**Serving size** (3 TBSP) 30g

**Amount Per Serving**

**Calories** 170

**% Daily Value\***

**Total Fat** 12g 16%

Saturated Fat 2g 11%

Trans Fat 0g

**Cholesterol** 0g 0%

Sodium 60mg 3%

**Total Carbohydrate** 11g 4%

Dietary Fiber 2g 7%

Total Sugars 6g

includes 3g Added Sugar 7%

**Protein** 5g

Vitamin D 0mcg 0%

Calcium 40mg 2%

Iron 1.1mg 6%

Potassium 120mg 2%

\*The % Daily Value tells you how much a nutrition in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Ingredients:

**Almonds:** canola oil, salt, **Cashews:** canola oil, salt, **Dried Apples:** canola, sunflower and /or safflower oil, corn syrup, sugar, dextrose, cinnamon, citric acid, ascorbic acid (vitamin c), natural flavor, **Cinnamon Praline Peanuts:** peanuts, sugar, salt, cinnamon, vanilla extract (water, propylene glycol, vanillin, caramel color, 0.1% sodium benzoate (added as a preservative) phosphoric acid and ethyl vanillin), **Caramel and Apple flavored mini cups:** sugar, palm kernel oil, corn syrup, whole milk, sweetened condensed whole milk, (milk, sugar), heavy cream (milk), contains 1% or less of hydrogenated palm oil, butter (cream (milk), salt), soybean oil, cocoa, natural and artificial flavors, salt, soy lecithin (an emulsifier), brown sugar, rice concentrate, potassium sorbate (a preservative), paprika oleorsein (color), skimmed milk powder, sunflower oil, **Pepitas:** salt.

**CONTAINS: ALMONDS, CASHEWS, PEANUTS, MILK, SOY.**

**Manufactured on equipment that processes peanuts, tree nuts, milk, soy, wheat and egg products. May contain stems, shell, pit and/or seed fragments.**