NUTRITION FACTS
GERMACK PISTACHIO COMPANY

Spicy Cajun

NUTRITION FACTS

Serving Size 30g
(3 tablespoons)
Servings Per Container 5

Amount Per Serving
Calories 147
Total Fat 9g 14%
Total Carbs 18g 6%
Sat. Fat 2g 10%
Fiber 2g 6%
Trans Fat 0
Cholesterol 0g 0%
Sugars 5g
Sodium 247mg 12%
Protein 4g

Vitamin A 0% Vitamin C 0%
Calcium 1% Iron 3%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS:

PEANUTS, SALT, RED PEPPER & OTHER SPICES, RICE CRACKER, GLUTINOUS RICE, SOY SAUCE (WATER, SOYBEAN, WHEAT), SUGAR, SESAME SEED, SEAWEED, CHILI, ROASTED BBQ CORN, CORN, SUNFLOWER OIL, NATURAL SPICES & SEA SALT, GREEN PEAS, CORN STARCH, SUGAR, WASABI SEASONING (MUSTARD POWDER, YEAST EXTRACT, MALTODEXTRIN, ICING SUGAR, BAKING POWDER, MONOSODIUM GLUTAMATE), RICE FLOUR, SALT, PALM OIL, ARTIFICIAL COLORS (USFD&G YELLOW No. 5 & BLUE No. 1), CAJUN SESAME STICKS, CORN FLOUR, UNBLEACHED WHEAT FLOUR, VEGETABLE OIL, SESAME SEEDS, SALT, BULGUR WHEAT, TAPIOCA FLOUR, TUMERIC, ANNATTO, CAJUN SEASONINGS: PAPRIKA, ONION, GARLIC POWDER, MODIFIED CORN STARCH, CORN FLOUR, SOYBEAN OIL, SPICES, CARRAGEEENAN GUM, DISODIUM GUANYLATE, DISODIUM INOSINATE.

CONTAINS: SOY AND WHEAT.

Manufactured on equipment that processes peanuts, tree nuts, milk, soy, wheat and egg products. May contain stems, shell, pit and/or seed fragments.