

NUTRITIONAL FACTS

THE KANSAS CITY STEAK COMPANY

6 (6oz) Filet Mignon w/ Bacon

Nutrition Facts	
Serving Size 1 STEAK (166g)	
Servings Per Container 6	
Amount Per Serving	
Calories 480	Calories from Fat 350
% Daily Values*	
Total Fat 39g	60%
Saturated Fat 17g	83%
Trans Fat 0g	
Cholesterol 120mg	40%
Sodium 85mg	4%
Total Carb 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 30g	
Vitamin A 0%	* Vitamin C 0%
Calcium 0%	* Iron 20%
*Percent Daily Values are based on a diet of 2,000 calories. Your daily value may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 65g
Sat. Fat	Less than 25g 25g
Cholest	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	30g 37g
Dietary Fiber	25g 30g

KEEP FROZEN

(6oz) BACON MOTTED LEEF FILET
INGREDIENTS: BEEF, BAKED/FLIED WITH WATER, SALT,
SUGAR, SODIUM PHOSPHATE, SODIUM ERYTHRATE,
SODIUM METABISULFITE

NET WEIGHT 36 OZ (2.25 lbs.)

NUTRITIONAL FACTS

THE KANSAS CITY STEAK COMPANY

6 (10oz) Kansas City Strips

Nutrition Facts	
Serving Size 1/2 STEAK(140g)	
Servings Per Container 12	
Amount Per Serving	
Calories	315
Calories From Fat	200
* Daily Value*	
Total Fat	22g 34%
Saturated Fat	9g 45%
Trans Fat	0g
Cholesterol	95mg 31%
Sodium	75mg 3%
Total Carb	0g 0%
Dietary Fiber	0g 0%
Sugars	0g
Protein	28g
Vitamin A	0% • Vitamin C 0%
Calcium	2% • Iron 15%
*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Sat. Fat	Less than 20g 25g
Cholest	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

KEEP FROZEN
6(10oz) BEEF KANSAS CITY STRIPS
MECHANICALLY TENDERIZED

COOKING INSTRUCTIONS: GRILL UNTIL PRODUCT REACHES 145 F AS MEASURED WITH A FOOD THERMOMETER, AND HOLD THE PRODUCT AT OR ABOVE THAT TEMPERATURE FOR 3 MINUTES.

NET WEIGHT 60 OZ (3.75 lbs.)