

NUTRITIONAL FACTS

SMITH ISLAND BAKING COMPANY

Double Chocolate & Red Velvet Filled Cake Bites

Double Chocolate Nutritionals

Nutritional Facts	
Servings Size 2 Bites (54g)	
Servings Per Container 12	
Amount per Serving	
Calories 184 Calories from Fat 63	
%Daily Value*	
Total Fat 7g	14%
Saturated Fat 4g	18%
Trans Fat 0g	
Cholesterol 35g	12%
Sodium 79mg	6%
Total Carbohydrate 28g	8%
Dietary Fiber 1g	5%
Sugars 19g	
Protein 2g	
Vitamin A 13% * Vitamin C 0%	
Calcium 8% * Iron 17%	
*Percent Daily Values are based on a 2,000 calorie diet. Daily Values may be higher or lower depending on your calorie needs.	
	Calories 2,000
2,500	
Total fat	Less than 65g 80g
Sat fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2.400mg 2,400mg
Total Carb	Less than 300g 375g
Dietary Fiber	Less than 25g 30g

Red Velvet Nutritionals

Nutritional Facts	
Servings Size 2 Bites (54g)	
Servings Per Container 12	
Amount per Serving	
Calories 184 Calories from Fat 63	
%Daily Value*	
Total Fat 7g	5%
Saturated Fat 4g	10%
Trans Fat 0g	
Cholesterol 35g	6%
Sodium 79mg	2%
Total Carbohydrate 28g	9%
Dietary Fiber 1g	3%
Sugars 19g	
Protein 2g	
Vitamin A 2% * Vitamin C 0%	
Calcium 1% * Iron 2%	
*Percent Daily Values are based on a 2,000 calorie diet. Daily Values may be higher or lower depending on your calorie needs.	
	Calories 2,000
2,500	
Total fat	Less than 65g 80g
Sat fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2.400mg 2,400mg
Total Carb	Less than 300g 375g
Dietary Fiber	Less than 25g 30g



Approx. One Dozen Bites of Chocolate Cake, Filled with Chocolate Fudge, Lightly Crumbed & Red Velvet Cake and Buttercream Frosting, Buttercream Filled.

Double Chocolate Ingredients: Confectioner's Sugar, Whole Milk, Granulated Sugar, All Purpose Flour, Unsalted Butter, Evaporated Milk, Whole Eggs, High Fat Cocoa, Canola Oil, Pure Bourbon Vanilla Extract, Cider Vinegar, Salt, Baking Soda, Baking Powder

Red Velvet Ingredients: Confectioner's Sugar, Cake Flour, Granulated Sugar, Whole Milk, Whole Eggs, Unsalted Butter, Canola Oil, Evaporated Milk, Pure Vanilla Extract, Red Food Coloring, Cider Vinegar, Salt, Baking Soda, Baking Powder, Kosher Gum Acacia

Both Cake Bites Contains: Wheat, Soy, Eggs, Milk, MAY CONTAIN PEANUTS AND/OR COCONUT

Storage: Store frozen in original packaging up to 3 months.

After Thawing: Store covered or refrigerated for 3-5 days.

Enjoyment: Enjoy frozen, at room temperature, or slightly warmed. Add whipped cream, ice cream, fudge, berries, nuts... anything!